<p>| List of Ingredients | | |
|--------------------|-------------------|
| <strong>Applesauce</strong>     | Apple, Apple Juice Concentrate -OR- Apples, Ascorbic Acid (To Protect Color) |
| <strong>Asian Flatbread</strong>| Oval Flatbread (Enriched Whole Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate (B1), Riboflavin (B2), Folic Acid], Water, Soybean Oil And/Or Canola Oil, Contains 2% Or Less Of: Yeast, Sugar, Vinegar, Salt, Dough Conditioner [Calcium Sulfate, Acacia Gum, Monoglycerides, Enzymes], Nonfat Dry Milk, Yeast Nutrients [Calcium Sulfate, Ammonium Sulfate, Ascorbic Acid], Asian Seasoning [White Sesame Seeds, Sugar, Chili Pepper, Hydrolyzed Soy Protein, Maltodextrin, Dehydrated Onion, Caramel Color, Extractives Of Paprika, Natural Flavourings, And No More Than 2% Calcium Silicate Added To Prevent Caking]) |
| <strong>Asian Seasoning</strong>| White Sesame Seeds, Salt, Spices, Dehydrated Garlic, Black Sesame Seeds, Sugar, Chili Pepper, Hydrolyzed Soy Protein, Maltodextrin, Dehydrated Onion, Caramel Color, Extractives Of Paprika, Natural Flavourings, And No More Than 2% Calcium Silicate Added To Prevent Caking |
| <strong>Bacon</strong>          | ABF Pork, Water, Sea Salt, Natural Cane Sugar, Celery Powder, Cherry Powder |
| <strong>Balsamic Fig Glaze</strong>| Balsamic Vinegar, Sugar, Fructose, Corn Syrup, Fig Puree (Figs, Water, Citric Acid), Water, Raisin Paste, Modified Food Starch, Contains Less Than 2% Of: Salt, Caramel Color, Xanthan Gum |
| <strong>Balsamic Vinaigrette</strong>| Soybean Oil, Balsamic Vinegar, Water, Sugar, Contains Less Than 2% Of Salt, Garlic, Caramel Color, Xanthan Gum, Spice, Paprika, Natural Flavor |
| <strong>Barbeque Sauce</strong> | Vinegar, Sugar, Tomato Paste, Water, Molasses, Modified Food Starch, Salt, Contains Less Than 2% Of: Natural Smoke Flavor, Spice (Including Mustard Seed), Paprika, Onion, Garlic, Caramel Color, Maltodextrin, Yeast Extract, Natural Flavor |
| <strong>Basil Pesto</strong>    | Basil and Spinach Blend, Canola Oil, Water, Parmesan Cheese, Romano Cheese, Salt, Garlic Puree, Black Pepper, Lemon Juice |
|                    | Basil, Canola Oil, Water, Parmesan Cheese (Pasteurized Part-Skim Cows’ Milk, Cheese Culture, Salt, Enzymes) Salt, Granulated Garlic, Spices |
| <strong>Black Sesame Seeds</strong>| Black Sesame Seeds |
| <strong>Blue Cheese Crumble</strong>| Blue Cheese |
| <strong>Butter</strong>         | Cream, Salt |
| <strong>Cage Free Scrambled Eggs</strong>| Whole Eggs, Citric Acid (Added To Preserve Color), Soybean Oil, Salt, Black Pepper |
| <strong>Cajun Chicken</strong>  | GRILLED CHICKEN (Boneless Skinless Chicken Breast Filets with Rib Meat Contains: Up to 12% of a Solution of Water, Soybean Oil, Salt, Sodium Phosphates, Garlic Powder And Black Pepper), CAJUN SEASONING (Paprika (Color), Salt, Spices (Red Pepper, White Pepper, Black Pepper, Oregano, Thyme), Dehydrated Garlic, and Dehydrated Onion) |
| <strong>Cajun Seasoning</strong>| Paprika (Color), Salt, Spices (Red Pepper, White Pepper, Black Pepper, Oregano, Thyme), Dehydrated Garlic, and Dehydrated Onion |
| <strong>Carrot Cake</strong>    | Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Carrots, Cream Cheese (Pasteurized Cultured Milk And Cream, Salt, Xanthan Gum, Carob Bean Gum, Guar Gum), Powdered Sugar (Sugar, Cornstarch), Sliced Carrots (Carrots, Water, Salt, Calcium Chloride [As A Preservative]), Eggs, Crushed Pineapple (Pineapple, Pineapple Juice), Orange Confectionary Curls (Sugar, Cocoa Butter, Whole Milk Powder, Skimmed Milk Powder, Whey Powder, Lactose, Soy Lecithin, Natural Vanilla, Paprika Extract [For Color]), Butter, Palm Oil, Raisins, Sugar And Invert Sugar, Baking Soda, Spice, Molasses, Salt, Modified Food Starch, Natural Flavor (Maltodextrin, Natural Flavor, Colored With Annatto And Turmeric), Xanthan Gum, Guar Gum, Gum Blend (Gum Arabic, Cellulose Gum) |
| <strong>Cavatappi Noodle</strong>| Durum Wheat Flour (Enriched With Iron (Ferrous Sulfate) And B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil |
| <strong>Cheddar Jack Cheese</strong>| Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Color Added), Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Contains 2 Percent Or Less Of Potato Starch And Powdered Cellulose Added To Prevent Caking, Natamycin (A Natural Mold Inhibitor) |
| <strong>Cheese Sauce</strong>   | Pasteurized Process Cheese Spread (American Cheese [Milk, Salt, Cheese Cultures, Enzymes], Buttermilk, Water, Semisoft Part-Skim Cheese [Partially Skimmed Milk, Salt, Cheese Cultures, Enzymes], Whey, Sodium Phosphate, Cream, Salt, Guar Gum, Xanthan Gum, Annatto Extract Colour, Apocarotenoid Colour, Lactic Acid), Milk, Whipping Cream (Heavy Cream, Milk Powder, Carrageenan), Modified Food Starch, Unsalted Butter (Cream, Natural Flavouring), And Salt. -OR- Processed Cheese Spread [Cheddar And Colby Cheeses (Milk, Bacterial Culture, Salt, Microbial Enzyme), Water, Whey, Sodium Phosphate, Whey Protein Concentrate, Skim Milk, Milk Ingredient, Salt, Carrageenan, Cellulose Gum], Cream, Water, Whole Milk, Salted Butter, Skim Milk Powder, Modified Cornstarch, Salt, Annatto |
| <strong>(varies by market)</strong> | | |
| <strong>Chicken Broth with Vegetables</strong> | Water, Carrot, Celery, Onion, Chicken Base (Chicken, Salt, Chicken Fat, Sugar, Hydrolyzed Wheat Gluten Protein, Chicken Fat, Sugar, Whey Powder, Maltodextrin, Natural Flavours, Yeast Extract, Extractives Of Turmeric And Annatto [Colour]), Rich Chicken Stock (Chicken, Water, White Wine, Onion, Carrots, Leeks, Spices, Parsley), Leeks, Extra Virgin Olive Oil, Unsalted Butter (Cream, Natural Flavouring), Thyme, Parsley, Black Pepper, And Turmeric |
| <strong>Chili Lime Chicken (select markets only)</strong> | GRILLED CHICKEN (Boneless Skinless Chicken Breast Filets with Rib Meat Contains: Up to 12% of a Solution of Water, Soybean Oil, Salt, Sodium Phosphates, Garlic Powder And Black Pepper), CHILE LIME SEASONING (Chili Powder (Chili Pepper, Spices, Salt, Garlic, Silicon Dioxide), Lime Juice Powder (Corn Syrup, Lime Juice With Lime Oil), Sugar (Corn Starch), Spices (Cumin, Coriander, Red Pepper), Salt, Dehydrated Garlic, Citric Acid, Chili Pepper, Dehydrated Onion, and Key Lime Oil) |
| <strong>Chocolate Chunk Cookie (select markets only)</strong> | Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Margarine (Palm Oil, Water, Soybean Oil, Salt, Mono- And Diglycerides, Colored With Annatto, Calcium Disodium EDTA Preservative, Artificial Flavor, Vitamin A Palmitate), Brown Sugar (Sugar, Invert Sugar, Molasses), Semisweet Chocolate (Sugar, Unsweetened Chocolate [Processed With Alkali], Cocoa Butter, Anhydrous Dextrose, Soy Lecithin, Vanilla Flavor), Whole Grain Oats, Eggs, Sugar, Invert Sugar, Pudding (Modified Food Starch, Sugar, Salt, Natural Flavor, Monoglycerides, Whey, Citric Acid Preservative, Caramel Color), Baking Soda, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Chocolate Chunk Cookie (Processed With Alkali), Cocoa Butter, Anhydrous Dextrose, Soy Lecithin, Xanthan Gum, Topping (SemiSweet Chocolate [Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla Flavor], Heavy Cream [Milk, Cream, Carrageenan], Butter, Corn Syrup, Dextrose, Modified Food Starch), Powdered Sugar |
| <strong>Ciabatta Roll</strong> | Flour (Wheat, Malted Barley), Water, Yeast, Salt, Palm Oil, Sugar, Potato Flour, Contains Less Than 2% Of Each Of The Following: Cultured Wheat, Vinegar, Wheat Gluten, Monoglycerides, Ascorbic Acid, Dextrose, Soybean Oil, Corn Starch And Enzymes |
| <strong>Cole Slaw Dressing</strong> | Soybean Oil, Sugar, Water, White Wine Vinegar, Egg Yolk, Salt, Contains Less Than 2% Of: Spices, Lemon Juice Concentrate, Xanthan Gum, Onion, Garlic, Paprika (Color), Mustard Oil |
| <strong>Crispy Jalapeños (select markets only)</strong> | Crispy Jalapenos (Only in selected markets!) Jalapeño Peppers, Enriched Flour (Wheat flour, Niacin, Reduced Iron, Thiamine Mononitate, Riboflavin, Folic Acid), Sunflower and/or Canola Oil, Salt |
| <strong>Curry Soup Broth (varies by market)</strong> | Water, Coconut Milk (Coconut Extract, Water, Citric Acid), Creme Of Coconut (Coconut, Sugar, Water, Polysorbate 60, Sorbitan Monostearate, Salt, Propylene Glycol Alginote, Mono And Diglycerides, Citric Acid, Guar Gum And Locust Bean Gum), Yellow Curry Paste (Lemon Grass, Garlic, Shallot, Salt, Galangal, Dried Red Chili, Coriander Seed, Kaffir Lime Peel, Cumin, Cinnamon, Mace, Turmeric, Cardamom), Vegetarian Base Dark (Salt, Lactose, Sugar, Maltodextrin, Hydrolyzed Corn Soy Protein, Onion Powder, Autolyzed Yeast Extract, Caramel Color, Silicon Dioxide [A Free Flow Agent], Spices, Natural Flavorings), Ginger Juice, Hot And Sour Vegetarian Paste (Lemon Grass, Soy Bean Oil, Cane Sugar, Soy Sauce, Red Chili, Galangal, Water, Citric Acid, Hydrolyzed Soy Protein, Salt, Shallot, Garlic, Tamarind And Kaffir Lime Peel) And Turmeric (Polysorbate 80, Turmeric Oleoresin And Propylene Glycol) -OR- Water, Coconut Milk (Coconut Milk, Water, Citric Acid), Coconut Cream (Coconut Meat Juice, Sugar, Polyoxyethylene Stearate, Carboxymethyl Cellulose, Xanthan Gum, Citric Acid, Sorbitan Monostearate, Salt), Curry Paste (Lemon Grass, Garlic, Shallot, Salt, Galangal, Dried Red Chili, Coriander Seed, Kaffir Lime Peel, Cumin, Cinnamon, Mace, Turmeric, Cardamom), Vegetarian Base (Salt, Lactose, Sugar, Maltodextrin, Hydrolyzed Corn Soy Protein, Onion Powder, Autolyzed Yeast Extract, Caramel Color, Silicon Dioxide, Spices, Natural Flavorings), Ginger Juice, Seasoning (Lemon Grass, Soybean Oil, Sugar, Fermented Soy Sauce [Soybeans, Wheat Flour, Salt, Water], Dried Red Chili, Galangal, Water, Citric Acid, Fermented Soybean, Salted Fried Shallot, Fried Garlic, Tamarind, Kaffir Lime Peel), Turmeric Color (Polysorbate 80, Turmeric Oleoresin, Propylene Glycol) |
| <strong>Curry Sauce</strong> | Coconut Milk (Coconut Extract, Water, Citric Acid), Water, Creme Of Coconut (Coconut, Sugar, Water, Polysorbate 60, Sorbitan Monostearate, Salt, Propylene Glycol Alginote, Mono And Diglycerides, Citric Acid, Guar Gum And Locust Bean Gum), Coconut Flavored Curry Sauce (Water, Sugar, Coconut Powder [Coconut Extract, Maltodextrin, Sodium Caseinate], Salt, Soybean Oil, Onion Powder, Garlic Powder, Turmeric Powder, Modified Corn Starch, Spices, Xanthan Gum), Fruit Concentrate (Tamarind, Water), Yellow Curry Paste (Lemon Grass, Garlic, Shallot, Salt, Galangal, Dried Red Chili, Coriander Seed, Kaffir Lime Peel, Cumin, Cinnamon, Mace, Turmeric, Cardamom), Vegetarian Slices Fry Sauce (Water, Sugar, Soy Sauce [Water, Salt, Soybeans, Wheat Flour], Salt, Modified Corn Starch, Yeast Extract, Caramel Color, Natural Mushroom Flavor), Sweet Chili Sauce (Water, Sugar, Pickled Red Chili, Distilled Vinegar, Garlic, Salt, Salt, Stabilizer: Xanthan Gum), Modified Food Starch, Hot And Sour Vegetarian Paste (Lemon Grass, Soybean Oil, Cane Sugar, Soy Sauce, Dried Red Chili, Galangal, Water, Citric Acid, Hydrolyzed Soy Protein, Salt, Shallot, Garlic, Tamarind And Kaffir Lime Peel), And Turmeric |
| <strong>Doppio Chocolate Espresso Cake</strong> | Cake (Brown Sugar [Sugar, Invert Sugar, Molasses], Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitate, Riboflavin, Folic Acid], Eggs, Soybean Oil, Cocoa [Processed With Alkali], Nonfat Milk, Pudding [Modified Food Starch, Cocoa [Processed With Alkali], Sugar, Salt, Monoglycerides, Citric Acid Preservative], Salt, Coffee, Natural Flavor, Bakin Soda, Baking Powder [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate], Soy Lecithin, Xanthan Gum, Guar Gum], Topping (SemiSweet Chocolate [Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla Flavor], Heavy Cream [Milk, Cream, Carrageenan], Butter, Corn Syrup, Dextrose, Modified Food Starch), Powdered Sugar |</p>
<table>
<thead>
<tr>
<th>Product Name</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Egg Noodle</strong></td>
<td>Durum Wheat Flour (Enriched With Iron (Ferrous Sulfate) And B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs), Water, Soybean Oil</td>
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<tr>
<td><strong>Elbow Noodle</strong></td>
<td>Durum Wheat Flour (Enriched With Iron (Ferrous Sulfate) And B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil</td>
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<tr>
<td><strong>Fat Free Vinaigrette</strong></td>
<td>Mirin (Water, Rice, Rice Vinegar, Sugar, Salt), Rice Vinegar (Water, Rice), Sugar, Salt</td>
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<tr>
<td><strong>Feta Cheese</strong></td>
<td>Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/or Sunflower Oil, 2% Or Less Of Salt, Dehydrated Garlic, Yeast, Sugar, Natural Flavor (With Milk, Smoke Flavor), Extractive Of Annatto (Color), Butter Oil, Extractive Of Paprika (Color), Ascorbic Acid, Rosemary Extractives (To Preserve Freshness)</td>
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<tr>
<td><strong>Focaccia Croutons</strong></td>
<td>Whipping Cream (Cream, Grade A Milk Powder, And Carrageenan), Cheese Blend (Parmesan, Asiago And Romano Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose [Added To Prevent Caking]), Salt, Unsalted Butter (Cream, Natural Flavorings), Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Onion, Gorgonzola Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Penicillium Roquefortii And Cellulose [Anti-Caking Agent], Garlic And Black Pepper)</td>
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<tr>
<td><strong>Four Cheese Alfredo Sauce</strong></td>
<td>Soybean Oil, Balsamic Vinegar, Garlic, Lemon Juice (Water, Lemon Juice Concentrate And Lemon Oil), Extra Virgin Olive Oil, White Wine, Salt, Roasted Garlic, Natural Vegetable Base (Vegetables And Concentrated Vegetables [Carrots, Celery, Onion, Tomato], Yeast Extract, Salt, Sugar, Maltodextrin [From Corn], Natural Flavor, Canola Oil, Dried Onion, Dried Potatoes, Dried Garlic), Sriracha (Chile, Distilled Vinegar, Water, Sugar, Salt, Garlic, Natural Flavor, Maltodextrin, Xanthan Gum And Citric Acid), Onion, Black Pepper, Torula Yeast, Oregano, Saladizer (Guar Gum, Xanthan Gum, Propylene Glycol Alginate), Garlic Powder, Basil, Onion Powder And Mustard Flour</td>
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<tr>
<td><strong>Fresca Sauce</strong></td>
<td>Gluten Free Fusilli (Rice Flour, Corn Flour, Mono And Dglycerides Of Fatty Acids), Water, Soybean Oil</td>
</tr>
<tr>
<td><strong>Gluten Free Fusilli</strong></td>
<td>Gluten Free Fusilli (Rice Flour, Corn Flour, Mono And Dglycerides Of Fatty Acids), Water, Soybean Oil</td>
</tr>
<tr>
<td><strong>Granulated Peanuts</strong></td>
<td>Dry Roasted Granulated Peanuts</td>
</tr>
<tr>
<td><strong>Indo Peanut Sauce</strong></td>
<td>Crunchy Peanut Butter (Peanuts, Dextrose, Palm Oil, Salt, Molasses), Hoisin Sauce (Sugar, Soya Bean Paste [Water, Soya Bean, Salt &amp; Wheat Flour [Cereals Containing Gluten]], Rice Vinegar, Salted Garlic [Garlic, Salt], Sesame Seed Oil, Salted Chili [Chili, Water, Salt &amp; Spices], Sweet Cooking Rice Wine (Glucose Syrup, Water, Alcohol, Rice, Corn Syrup, Salt), Rice Vinegar Dressing (Rice Vinegar, Water, Sugar, Salt), Sweet Chili Sauce (Sugar, Water, Pickled Red Chili, Distilled Vinegar, Garlic, Salt, Stabilizer [Xanthan Gum]), Ginger Juice, Molasses, Sriracha (Chile, Distilled Vinegar, Water, Sugar, Salt, Garlic, Natural Flavor, Maltodextrin, Xanthan Gum, Citric Acid), Soy Sauce (Water, Salt, Sugar, Soybeans, Wheat, Molasses), Apple Juice (Filtered Water, Apple Juice from Concentrate), Garlic, Lemon Juice (Water, Lemon Juice Concentrate And Lemon Oil) And Boiled Garlic</td>
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<tr>
<td><strong>Italian Seasoning</strong></td>
<td>Salt, Spices, Dehydrated Garlic, Lavender</td>
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<tr>
<td><strong>Jalapeño Ranch</strong></td>
<td>Soybean Oil, Cultured Buttermilk, Vinegar, Water, Jalapeno Pepper, Egg Yolk, Salt, Cider Vinegar, Contains less than 2% of Modified Food Starch, Natural Flavor, Spice, Buttermilk Solids, Sugar, Xanthan Gum, Onion Powder, Garlic Powder, Paprika, Lactic Acid, Yeast Extract, Mustard Flour, Maltodextrin, Autolyzed Yeast Extract, Dried Dill, Whey, Milk, Lactose</td>
</tr>
<tr>
<td><strong>Jambalaya Sauce</strong></td>
<td>Chopped Tomatoes (Tomatoes, Salt, Calcium Chloride, and Naturally Derived Citric Acid), Water, Onion, Celery, Green Peppers, Poblano Peppers, Tomato Paste, Agave Nectar (Organic Agave Nectar), Garlic, Beef Flavor (Beef Stock, Gum Arabic [Process Aid]), Soybean Oil, Unsalted Butter (Cream, Natural Flavouring), Natural Vegetable Base (Vegetables and Concentrated Vegetables [Carrots, Celery, Onion, Tomato], Yeast Extract, Salt, Organic Cane Sugar, Maltodextrin [from corn], Natural Flavour, Canola Oil, Barley Malt Extract [Gluten], Dried Onion, Dried Potatoes, Dried Garlic), Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, and Garlic Powder), Salt, Blackened Seasoning (Salt, Dehydrated Garlic, Paprika [Colour], Spices, Dehydrated Onion, and Extractives of Paprika [Colour], Thyme, Chili Powder (Chile Pepper and Ethoxyquin), Parsley, Black Pepper, Cayenne Pepper, Oregano, and Bay Leaves</td>
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<tr>
<td>Product</td>
<td>Ingredients</td>
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<tr>
<td>Japanese Pan Sauce</td>
<td>Water, Soy Sauce (Water, Salt, Sugar, Soybeans, Wheat, Molasses), Molasses, Rice Vinegar Dressing (Rice Vinegar, Water, Sugar, Salt), Lemon Juice (Water, Lemon Juice Concentrate And Lemon Oil), Sesame Oil, Sriracha (Chile, Distilled Vinegar, Water, Sugar, Salt, Garlic, Natural Flavour, Maltodextrin, Xanthan Gum And Citric Acid), Ginger, Natural Vegetable Base (Vegetables And Concentrated Vegetable [Carrot, Celery, Onion, Tomato], Yeast Extract, Salt, Organic Cane Sugar, Maltodextrin [From Corn], Natural Flavour, Canola Oil, Barley Malt Extract [Gluten], Dried Onion, Dried Potatoes, Dried Garlic), Modified Corn Starch, Garlic And Citric Acid As A Preservative</td>
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<tr>
<td>Kalamata Olives</td>
<td>Olives, Water, Salt, Vinegar, Spices, Olive Oil</td>
</tr>
<tr>
<td>Korean BBQ Sauce</td>
<td>Water, Sugar, Distilled Vinegar, Brown Sugar,Rice Vinegar, Wheat, Soybeans, Gochujang Hot Pepper Paste(Water, Sugar, Red Chili Peppers Powder, Fermented Soybean Paste (Water, Soybeans, Rice, Salt, Alcohol), Pear Puree Concentrate, Salt, Salted Sake (Sake(Water, Rice, Koji), Salt), Onion Powder, Garlic Powder, Yeast Extract, Rice Vinegar, Sesame Oil, Paprika Powder, Corn Starch), Vegetable Oil (Soybean and/or Canola), Sesame Oil, Salt, Chili Garlic Sauce [Salted Chili Peppers (Chili Peppers, Salt), Garlic, Sugar, Rice Vinegar, Water, Modified Cornstarch, Acetic Acid], Contains less than 2% of: Modified Food Starch, Spices, Garlic*, Xanthan Gum, Propylene Glycol Alginate, Caramel Color, Onion*, Dextrose</td>
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<tr>
<td>Light Cream</td>
<td>Milk, Cream, Sodium Citrate, Sodium Phosphate</td>
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<tr>
<td>Liquid Eggs</td>
<td>Whole Eggs, Citric Acid (Added To Preserve Color)</td>
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<tr>
<td>Marinara Sauce (varies by market)</td>
<td>Tomatoes (Tomatoes, Tomato Puree, Calcium Chloride, Citric Acid), Diced Tomatoes In Juice (Tomatoes, Calcium Chloride, Citric Acid), Diced Tomatoes (Tomatoes, Tomato Juice, Calcium Chloride And Naturally Derived Citric Acid), Onion, Seasoning (Salt, Sugar, Modified Corn Starch And Spices), Water, Tomato Paste (Tomatoes), Soybean Oil, Garlic In Water (Garlic, Water), Basil And Extra Virgin Olive Oil *-OR- Tomatoes (Tomatoes, Tomato Puree, Calcium Chloride, Citric Acid), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Seasoning (Salt, Sugar, Modified Corn Starch, Crushed Red Pepper, Spice), Onions, Water, Tomato Paste (Tomatoes), Canola Oil And Extra Virgin Olive Oil Blend, Garlic (Garlic, Water), Spice</td>
</tr>
<tr>
<td>Marinated Beef Strips (select markets only)</td>
<td>Beef, Water, Salt, Rice Starch, Black Pepper, Sodium Phosphate, Dextrose, Bromelain, Soybean Oil (as a processing aid), Garlic Powder</td>
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<tr>
<td>Marinated Steak</td>
<td>Seasoned Beef Strips (Beef, Water, Seasoning (Salt, Sugar, Autolyzed Yeast Extract, Beef Stock, Onion Powder, Garlic Powder, Spice Extracts, Maltodextrin, Modified Corn Starch, Natural Flavors, Extractives Of Black Pepper, Soybean Oil), Modified Corn Starch, Salt, Sodium Phosphate, Soybean Oil, Spices), Soybean Oil -OR- Diced Beef Steaks (Beef, Water, Seasoning [Salt, Sugar, Autolyzed Yeast Extract, Dehydrated Beef Stock, Onion Powder, Garlic Powder, Malodextrin, Modified Corn Starch, Natural Flavors, Partially Hydrogenated Sunflower Oil], Modified Food Starch, Sodium Phosphate, Salt, Soybean Oil, Spices), Soybean Oil</td>
</tr>
<tr>
<td>Med Dressing</td>
<td>Sour Cream (Cultured Grade A Skim Milk, Cream, Whey, Food Starch, Sodium Phosphate, Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum), Yogurt (Cultured Pasteurized Grade A Whole Milk, Modified Food Starch, Carrageenan, Pectin, Contains Live Active Cultures [L.Bulgaricus, S.Thermophilus]), Lemon Juice (Water, Lemon Juice Concentrate, And Lemon Oil), Salt, Sriracha (Chile, Distilled Vinegar, Water, Sugar, Salt, Garlic, Natural Flavor, Maltodextrin, Xanthan Gum And Citric Acid), Garlic, And Soybean Oil</td>
</tr>
<tr>
<td>Mirin</td>
<td>Water, Rice, Rice Vinegar, Sugar, Salt</td>
</tr>
<tr>
<td>MontAmore® Cheese (varies by market)</td>
<td>Montamoré Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose (To Prevent Caking)</td>
</tr>
<tr>
<td>Naturally Raised Pork</td>
<td>ABF Pork, Lard, Salt, Pepper, Oregano, Thyme -OR- ABF Pork, Salt, Spices, And Less Than 2% Olive Oil Added As A Processing Aid</td>
</tr>
<tr>
<td>Oval Flatbread</td>
<td>Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate (B1), Riboflavin (B2), Folic Acid], Water, Soybean Oil And/Or Canola Oil, Contains 2% Or Less Of: Yeast, Sugar, Vinegar, Salt, Dough Conditioner (Calcium Sulfate, Acacia Gum, Mono- And Diglycerides, Enzymes), Nonfat Dry Milk, Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate, Ascorbic Acid)</td>
</tr>
<tr>
<td><strong>Oven-Roasted Meatballs</strong></td>
<td>Beef, Chicken, Bread Crumbs (Bread Crumbs [Bleached Wheat Flour, Yeast, Sugar, Salt], Cheddar/Parmesan/Blue Cheeses [Pasteurized Milk, Cheese Cultures, Salt, Enzymes]), Wheat Flour, Wheat Starch, Salt, Dried Garlic, Maltodextrin, Natural Flavor, Nonfat Dry Milk, Spice, Yeast Extract, And Dried Parsley), Water, Seasoning [Salt, Dried Garlic, Spices, Dried Onion, Brown Sugar, Yeast Extract, Caramel Color, Dried Parsley, Dried Tomato, Maltodextrin, And Natural Flavor], And Natural Flavor</td>
</tr>
<tr>
<td><strong>Pad Thai Sauce</strong></td>
<td>Brown Sugar, Soybean Oil, Agave Nectar, Lemon-Lime Juice (Lime and Lemon Juices), Fish Sauce (Anchoy, Sea Salt), Garlic, Fruit Concentrate (Tamarind, Water), Water, Sriracha (Red Peppers, Distilled Vinegar, Water, Sugar, Salt, Dried Garlic, Contains 2% or less of the following: Natural Flavor, Maltodextrin, Xanthan Gum, and Citric Acid), Salt, and Modified Food Starch</td>
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<tr>
<td><strong>Pecans</strong></td>
<td>Pecans</td>
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<td><strong>Penne Rigate Noodle</strong></td>
<td>Durum Wheat Flour (Enriched With Iron (Ferrous Sulfate) And B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil</td>
</tr>
<tr>
<td><strong>Penne Rosa Sauce</strong></td>
<td>Tomatoes (Tomatoes, Tomato Puree, Calcium Chloride, Citric Acid), Diced Tomatoes In Juice (Tomatoes, Calcium Chloride, Citric Acid), Diced Tomatoes (Tomatoes, Tomato Juice, Calcium Chloride And Naturally Derived Citric Acid), Onion, Seasoning (Salt, Sugar, Modified Corn Starch And Spices), Water, Tomato Paste (Tomatoes), Soybean Oil, Garlic In Water (Garlic, Water), Basil And Extra Virgin Olive Oil. -OR- Tomatoes (Tomatoes, Tomato Puree, Calcium Chloride, Citric Acid), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Seasoning (Salt, Sugar, Modified Corn Starch, Crushed Red Pepper, Spice), Onions, Water, Tomato Paste (Tomatoes), Canola Oil And Extra Virgin Olive Oil Blend, Garlic (Garlic, Water), Spice</td>
</tr>
<tr>
<td><strong>Pomegranate Vinaigrette (select markets only)</strong></td>
<td>Soybean Oil, Pomegranate Juice Concentrate, Water, Vinegar, Extra Virgin Olive Oil, Contains less than 2% of Red Wine Vinegar, Molasses, Sugar, Mustard Seed, Sea Salt, Citric Acid, Salt, Caramelized Sugar, Spice, Arabic Gum, White Wine, Xanthan Gum, Tartaric Acid. -OR- Soybean Oil, Red Wine Vinegar (Red Wine Vinegar, Potassium Metabisulfite [added to protect color]), Pomegranate Juice, Honey, Water, Extra Virgin Olive Oil, Balsamic Vinegar, Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Salt, Guar Gum, and Black Pepper</td>
</tr>
<tr>
<td><strong>Potstickers</strong></td>
<td>Chicken, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Bok Choy, Cabbage, Mushroom (Mushroom, Water, Salt, Ascorbic Acid/Citric Acid), Carrot, Onion, Sesame Seed Oil, Contains less than 2% of: Ginger, Cilantro, Garlic, Spice, Chili Sauce (Red Chili Peppers, Red Jalapeno Peppers, Distilled Vinegar, Sugar, Garlic, Salt, Xanthan Gum, Paprika Extract), Soy Sauce (Water, Wheat, Soybeans, Salt), Rice Flour, Modified Food Starch, Salt, Vegetable Oil (Soybean and/or Canola)</td>
</tr>
<tr>
<td><strong>Potsticker Sauce</strong></td>
<td>Garlic Water (Water, Garlic), Rice Vinegar Dressing (Rice Vinegar, Water, Sugar, Salt), Soy Sauce (Water, Salt, Sugar, Soybeans, Wheat, Molasses), Molasses, Sriracha (Chile, Distilled Vinegar, Water, Sugar, Salt, Garlic, Natural Flavor, Maltodextrin, Xanthan Gum And Citric Acid), Ginger Juice, Water, Natural Vegetable Base (Vegetables And Concentrated Vegetables [Carrots, Celery, Onion, Tomato], Yeast Extract, Salt, Organic Cane Sugar, Maltodextrin [From Corn], Natural Flavor, Canola Oil, Barley Malt Extract [Gluten], Dried Onion, Dried Potatoes, Dried Garlic), Modified Food Starch, And Citric Acid As A Preservative</td>
</tr>
<tr>
<td><strong>Ramen Broth (select markets only)</strong></td>
<td>Water, Pork Base (Roasted Pork Meat and Natural Juices, Salt, Corn Syrup, Autoyzed Yeast Extract, Whey, Chicken Fat, Corn Oil, Sugar, Natural Flavor, Wine, and Caramel Color), All Natural Bacon (Pork, Water, Sea Salt, Turbinado Sugar, Natural Flavoring, and Lactic Acid Starter Culture), Mushroom Base (Sautéed Mushrooms [Mushrooms, Water, Salt], Salt, Maltodextrin, Palm Oil, Hydrolyzed Corn Gluten and Soy Protein, Sugar, 2% or less of Onion Powder, Corn Oil, Mushroom Juice Concentrate, and Natural Flavors), Onion, Ginger Juice, Soy Sauce (Water, Salt, Sugar, Soybeans, Wheat, and Molasses), Seasoning (Salt, Yeast Extract, Dehydrated Vegetables [Mushroom, Garlic, Onion, Tomato], Maltodextrin, and Spice), Organic Miso Powder (Organic Soybeans, Organic Rice, Salt, and Organic Aspergillus Oryzae), Lemongrass, and Allspice</td>
</tr>
<tr>
<td><strong>Ramen Noodle (select markets only)</strong></td>
<td>Enriched Unbleached Wheat Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Water, Modified Food Starch, Soybean Oil, Egg White Powder, Salt, Sodium Carbonate, Potassium Carbonate</td>
</tr>
</tbody>
</table>
Rice Crispy

Rice Noodle

Roasted Mushrooms

Roman Caesar Dressing

Sautéed Shrimp

Seasoned Organic Tofu

Sesame Soy Vinaigrette

Smolder From Boulder

Snoodledoodle Cookie

Soybean Oil

Soy Sauce

Spaghetti Noodle

Sriracha

Sriracha Caesar Dressing

Stroganoff Sauce
<table>
<thead>
<tr>
<th><strong>Sweet Balsamic Vinaigrette</strong></th>
<th>Balsamic Vinaigrette (Soybean Oil, Balsamic Vinegar, Water, Sugar, Contains Less Than 2% of Salt, Garlic, Caramel Color, Xanthan Gum, Spice, Paprika, Natural Flavor), Sugar</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tomato Basil Bisque</strong></td>
<td>Water, Heavy Whipping Cream (Cream, Milk Powder, Carrageenan), Tomato Paste (Tomatoes), Crushed Tomatoes (Tomatoes, Tomato Puree, Citric Acid), Onion, Diced Tomatoes (Tomatoes, Tomato Juice, Calcium Chloride, And Naturally Derived Citric Acid), Natural Vegetable Base (Vegetables And Concentrated Vegetables [Carrots, Celery, Onion, Tomato], Yeast Extract, Salt, Sugar, Maltodextrin [From Corn], Natural Flavour, Canola Oil, Dried Onion, Dried Potato, Dried Garlic), Sugar, Soybean Oil, Garlic, Seasoning (Salt, Spices, Dehydrated Garlic, Lavender), Sherry Wine, Crushed Basil, Extra Virgin Olive Oil, Salt, Basil, Annatto Extract (Propylene Glycol, Water, Polysorbate 80, Annatto [Color] Potassium Hydroxide) And Parsley</td>
</tr>
<tr>
<td><strong>Tres Leches Cake</strong></td>
<td>Heavy Cream (Milk, Cream, Carrageenan), Sweetened Condensed Milk, Evaporated Milk Vitamin D Added, Sugar, Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Egg Whites (With Guar Gum), Water, Sugared Egg Yolks (Egg Yolks, Sugar), Vanilla Extract (Water, Ethyl Alcohol, Sugar, Vanilla Bean Extract), Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Lime Slice</td>
</tr>
<tr>
<td><strong>Udon Noodle</strong></td>
<td>Bleached Wheat Flour, Water, Salt, Corn Starch, Soybean Oil</td>
</tr>
<tr>
<td><em>(varies by market)</em></td>
<td>Enriched Unbleached Wheat Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin And Folic Acid), Water, Salt, Corn Starch, Citric Acid And Soybean Oil</td>
</tr>
<tr>
<td><strong>Umami Bomb</strong></td>
<td>Mushrooms, Bacon (Pork, Water, Sea Salt, Turbinado Sugar, Natural Flavoring, and Lactic Acid Starter Culture), Water, Sriracha (Chile, Distilled Vinegar, Water, Sugar, Salt, Garlic, Natural Flavor, Maltodextrin, Xanthan Gum, and Citric Acid), Unsalted Butter (Cream, Natural Flavorings), Pork Base (Roasted Pork Meat and Natural Juices, Salt, Corn Syrup, Autolyzed Yeast Extract, Whey, Chicken Fat, Corn Oil, Sugar, Natural Flavor, Wine, and Caramel Color), Garlic, Soybean Oil, Modified Food Starch, and Mushroom Powder</td>
</tr>
<tr>
<td><strong>Vegetable Broth</strong></td>
<td>Salt, Sugar, Maltodextrin, Natural Flavors, Onion, Caramel Color, Garlic</td>
</tr>
<tr>
<td><strong>Whole Egg</strong></td>
<td>Egg, Vegalene (Canola Oil, Phosphated Mono and Diglycerides, Natural Flavor and Propellant)</td>
</tr>
<tr>
<td><em>(select markets only)</em></td>
<td>Water, Whole Wheat Durum Flour, Soybean Oil</td>
</tr>
<tr>
<td><strong>Whole Grain Linguine</strong></td>
<td>Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Enzymes), Soybean Oil, Water, Cornstarch, Salt</td>
</tr>
<tr>
<td><strong>Wonton Strips</strong></td>
<td>Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Enzymes), Soybean Oil, Water, Cornstarch, Salt</td>
</tr>
</tbody>
</table>

* As we continually strive to evolve and improve, our ingredient list is subject to change.
** For specific ingredients in your market, please email thecavalry@noodles.com
<table>
<thead>
<tr>
<th>Dish</th>
<th>Reference Chart</th>
</tr>
</thead>
</table>
| Penne Rosa          | Penne Rigate Noodle  
                      | Penne Rosa Sauce  
                      | Light Cream  
                      | Roma Tomatoes  
                      | White Mushrooms  
                      | White Cooking Wine  
                      | Parmesan Or Feta Cheese  
                      | Spinach  
                      | Soybean Oil  
                      | Fresh Parsley  |
| Whole Grain Tuscan Fresca | Whole Grain Linguine  
                      | Roma Tomatoes  
                      | Fresca Sauce  
                      | White Cooking Wine  
                      | Vegetable Broth  
                      | Parmesan Cheese  
                      | Red Onion  
                      | Spinach  
                      | Soybean Oil  
                      | Fresh Parsley  |
| Japanese Pan Noodles | Udon Noodle  
                      | Japanese Pan Sauce  
                      | Carrots  
                      | Mung Bean Sprouts  
                      | Shiitake Mushrooms  
                      | Soybean Oil  
                      | Black Sesame Seeds  
                      | Cilantro  |
| Indonesian Peanut Sauté | Rice Noodle  
                      | Vegetable Broth  
                      | Indo Peanut Sauce  
                      | Broccoli  
                      | Carrots  
                      | Napa/Red Cabbage Blend  
                      | Mung Bean Sprouts  
                      | Granulated Peanuts  
                      | Soybean Oil  
                      | Cilantro  
                      | Asian Seasoning  |
| Wisconsin Mac & Cheese | Elbow Noodle  
                      | Cheese Sauce  
                      | Cheddar Jack  |
| Buttered Noodles    | Egg Noodle  
                      | Parmesan Cheese  
                      | Butter  
                      | Italian Seasoning  |
| Pesto Cavatappi     | Cavatappi Noodle  
                      | Roma Tomatoes  
                      | Light Cream  
                      | White Mushrooms  
                      | White Cooking Wine  
                      | Pesto Sauce  
                      | Vegetable Broth  
                      | Parmesan Cheese  
                      | Soybean Oil  
                      | Fresh Parsley  |
| Alfredo MontAmore®  | Spaghetti Noodle  
                      | Four Cheese Alfredo Sauce  
                      | Parmesan Chicken  
                      | Roma Tomatoes  
                      | Roasted Mushrooms  
                      | Montamore Cheese  
                      | Spinach  
                      | Black Pepper  
                      | Fresh Parsley  |
| Pad Thai            | Rice Noodle  
                      | Pad Thai Sauce  
                      | Liquid Eggs  
                      | Red/Napa Cabbage Blend  
                      | Mung Bean Sprouts  
                      | Green Onions  
                      | Granulated Peanuts  
                      | Soybean Oil  
                      | Cilantro  |
| Bangkok Curry       | Rice Noodle  
                      | Curry Sauce  
                      | Broccoli  
                      | Napa/Red Cabbage Blend  
                      | Red Bell Peppers  
                      | Carrots  
                      | White Mushrooms  
                      | Vegetable Broth  
                      | Red Onions  
                      | Soybean Oil  
                      | Black Sesame Seeds  
                      | Asian Seasoning  |
| Spaghetti & Meatballs | Spaghetti Noodle  
                      | Marinara Sauce  
                      | Oven-Roasted Meatballs  
                      | Parmesan Cheese  
                      | Fresh Parsley  |
| Spaghetti Stroganoff | Egg Noodle  
                      | Stroganoff Sauce  
                      | Marinated Steak  
                      | Roasted Mushrooms  
                      | Parmesan Cheese  
                      | Fresh Parsley  |
| **Mushroom Stroganoff** | Egg Noodle  
| | Stroganoff Sauce  
| | Roasted Mushroom  
| | Parmesan Cheese  
| | Fresh Parsley  
| **Wisconsin Cheesesteak** | Marinated Steak  
| | Ciabatta Roll  
| | Cheese Sauce  
| | Red Bell Pepper  
| | White Mushroom  
| | Red Onions  
| | Cheddar Jack  
| | Soybean Oil  
| | Italian Seasoning  
| **Thai Curry Soup** | Thai Curry Soup  
| | Rice Noodle  
| | Roma Tomatoes  
| | White Mushrooms  
| | Napa/Red Cabbage Blend  
| | Red Onions  
| | Spinach  
| | Cilantro  
| **Napa Market Salad with Chicken** | Grilled Chicken  
| | Mixed Greens  
| | Pomegranate Vinaigrette  
| | Roma Tomatoes  
| | Apples  
| | Blue Cheese  
| | Red Bell Pepper  
| | Bacon  
| **Chicken Noodle Soup** | Chicken Broth with Vegetables  
| | Egg Noodle  
| | Ciabatta Roll  
| | Grilled Chicken Breast  
| | Fresh Parsley  
| **Grilled Chicken Caesar** | Romaine  
| | Grilled Chicken Breast  
| | Parmesan Cheese  
| | Roman Caesar Dressing  
| | Focaccia Crouton  
| **Tomato Basil Bisque** | Tomato Basil Bisque  
| | Ciabatta Roll  
| | Fresh Parsley  
| **Thai Hot Pot** | Thai Curry Soup  
| | Asian Flatbread  
| | Napa/Red Cabbage Blend  
| | Naturally Raised Pork  
| | Grilled Chicken Breast  
| | Spinach  
| | Mung Bean Sprouts  
| | Shiitake Mushrooms  
| | Rice Noodle  
| | Fresno Peppers  
| | Cilantro  
| **Chicken Veracruz Salad** | Grilled Chicken  
| | Mixed Greens  
| | Jalapeno Ranch  
| | Roma Tomatoes  
| | Shucked Corn  
| | Diced Avocados  
| | Red Onions  
| | Crispy Jalapenos  
| | Bacon  
| | Chili Lime Seasoning  
| | Cilantro  
| | Soybean Oil  
| **Thai Curry Soup** | Naturally Raised Pork  
| | Ciabatta Roll  
| | Barbeque Sauce  
| | Napa/Red Cabbage Blend  
| | Cole Slaw Dressing  
| **The Med Salad with Chicken** | Cavatappi Noodle  
| | Romaine/Arcadian Harvest Blend  
| | Grilled Chicken Breast  
| | Cucumbers  
| | Roma Tomatoes  
| | Med Dressing  
| | Kalamata Olives  
| | Red Onions  
| | Feta Cheese  
| **The Med Sandwich** | Grilled Chicken Breast  
| | Flatbread  
| | Med Dressing  
| | White Mushrooms  
| | Red Bell Pepper  
| | Feta Cheese  
| | Spinach  
| | Cilantro  
| | Red Onions  
| **Spicy Chicken Caesar** | Flatbread  
| | Grilled Chicken Breast  
| | Sriracha Caesar Dressing  
| | Romaine  
| | Wonton Strips  
| | Parmesan Cheese  
| **Potstickers** | Chicken Potstickers  
| | Napa/Red Cabbage Blend  
| | Potsticker Sauce  
| | Red Pepper  
| **Margherita Flatbread** | Flatbread  
| | Roma Tomatoes  
| | Parmesan Cheese  
| | Feta Cheese  
| | Basil  
| | Italian Seasoning  

## Cheesy Garlic Bread
- Ciabatta Roll
- Marinara Sauce
- Parmesan Cheese
- Butter
- Italian Seasoning

## Buff Bangkok Curry
- Seasoned Organic Tofu
- Broccoli
- Red Bell Pepper
- Carrots
- White Mushrooms
- Spinach
- Curry Sauce
- Red Onions
- Vegetable Broth
- Asian Seasoning
- Black Sesame Seeds

## Buff Pesto
- Naturally Raised Pork
- Roma Tomatoes
- White Mushrooms
- Spinach
- White Cooking Wine
- Pesto Sauce
- Vegetable Broth
- Parmesan Cheese
- Fresh Parsley

## Buff Tuscan Fresca
- Roma Tomatoes
- Grilled Chicken Breast
- Fresca Sauce
- White Cooking Wine
- Red Onions
- Vegetable Broth
- Feta Cheese
- Fresh Parsley

## Buff Japanese Pan
- Marinated Steak
- Broccoli
- Carrots
- Spinach
- Japanese Pan Sauce
- Shiitake Mushrooms
- Mung Bean Sprouts
- Black Sesame Seeds
- Cilantro

## Spicy Korean Beef Noodles (select markets only)
- Ramen Noodles
- Korean BBQ Sauce
- Beef Strips
- Napa/Red Cabbage Blend
- Mung Bean Sprouts
- Cucumbers
- Shiitake Mushrooms
- Spinach
- Green Onions
- Soybean Oil
- Cilantro

## Jambalaya (select markets only)
- Cavatappi Noodle
- Jambalaya Sauce
- Cajun Chicken
- Sauteed Shrimp
- White Cooking Wine
- Butter
- Soybean Oil
- Green Onions
- Cajun Seasoning

## Tossed Green Salad
- Romaine/Arcadian Harvest Blend
- Dressing of Your Choice (Fat Free Vinaigrette, Balsamic Vinaigrette, Caesar Dressing, Med Dressing or Sesame Soy Vinaigrette)
- Cucumbers
- Roma Tomatoes

## Tomato Cucumber Salad
- Roma Tomatoes
- Cucumbers
- Fat Free Vinaigrette
- Red Onions
- Asian Seasoning

## Caesar Salad
- Romaine
- Parmesan Cheese
- Roman Caesar Dressing
- Focaccia Croutons

## Pork Ramen (select markets only)
- Ramen Broth
- Ramen Noodle
- Naturally Raised Pork
- Whole Egg
- Baby Bok Choy
- Shiitake Mushrooms
- Fresno Peppers
- Green Onions
- Served With: Umami Bomb

## Korean Meatballs
- Oven-Roasted Meatballs
- Korean BBQ Sauce
- Asian Seasoning

## Ciabatta Roll Flatbread
- Cookies
- Cakes
- Rice Crispy Proteins

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