

Below are the nutritional values

FOR OUR

KIDS MEALS



KIDS ENTRÉES

	Calories	Calories from Fat	Fat -Total g	Saturated Fat g	Trans Fatty Acids g	Cholesterol mg	Sodium mg	Total Carbohydrates g	Dietary Fiber g	Sugars g	Protein g
Spaghetti & Meatballs	460	200	22	8	1	45	770	47	2	8	16
Buttered Noodles	370	160	18	8	0	105	420	45	2	3	11
Wisconsin Mac & Cheese	520	210	23	13	1	70	650	59	3	6	20
Grilled Chicken Breast with Dipping Marinara*	110	25	3	0	0	40	370	3	0	2	17

ALLERGENS							
Pea-nuts	Tree Nuts	Soy	Milk	Eggs	Fish	Shell-fish	Wheat & Gluten
			•				•
			•	•			•
			•				•

KIDS SIDES

	Calories	Calories from Fat	Fat -Total g	Saturated Fat g	Trans Fatty Acids g	Cholesterol mg	Sodium mg	Total Carbohydrates g	Dietary Fiber g	Sugars g	Protein g
Broccoli*	20	0	0	0	0	0	20	4	1	1	2
Applesauce*	60	0	0	0	0	0	0	14	2	12	0
Rice Crispy	140	45	4.5	3	0	10	115	22	0	10	1
Pineapple*	25	0	0	0	0	0	5	7	1	5	1

ALLERGENS							
Pea-nuts	Tree Nuts	Soy	Milk	Eggs	Fish	Shell-fish	Wheat & Gluten
			•				•



* THESE ITEMS PLUS ORGANIC LOWFAT MILK MEETS THE KIDS LIVEWELL NUTRITION CRITERIA. THE KIDS LIVEWELL LOGO IS A REGISTERED SERVICE MARK OF THE NATIONAL RESTAURANT ASSOCIATION.

Of interest

- All of our menu items contain fully refined soy oil, which, according to the FDA, is not an allergen.
- We have peanuts, tree nuts, soy, milk, eggs, fish, shellfish and wheat/gluten in our restaurant, and there may be cross contact with your food because of shared cooking equipment. In addition, because we offer so many unique flavors, not every ingredient we use is listed in our menu descriptions.

