

# CATERING NUTRITIONAL INFORMATION

	Number of Servings	Cals	Cals from Fat	Fat Total g	Saturated Fat g	Trans Fatty Acids g	Cholesterol mg	Sodium mg	Total Carbs g	Dietary Fiber g	Sugars g	Protein g
<b>NOODLES &amp; PASTA</b>												
Penne Rosa with parmesan-cruste chicken	Six	700	250	27	10	1	90	2000	79	6	14	32
	Eight	530	190	21	8	.5	70	1500	59	4	10	24
Wisconsin Mac & Cheese with oven-roasted meatballs	Six	1200	660	73	38	3	225	2010	86	4	11	49
	Eight	900	490	55	29	2	170	1510	64	3	8	37
Pesto Cavatappi with naturally raised pork	Six	820	410	46	16	.5	120	1540	64	4	8	41
	Eight	620	310	34	12	.2	90	1150	48	3	6	30
Pad Thai with sautéed shrimp	Six	1330	680	76	12	0	375	2060	119	4	37	36
	Eight	1000	510	57	9	0	285	1550	89	3	28	27
Spicy Chipotle Adobo with naturally raised pork	Six	730	300	33	14	0	95	1910	69	4	10	36
	Eight	540	220	25	11	0	70	1430	52	3	8	27
Spicy Chipotle Adobo with grilled chicken	Six	660	260	28	12	0	105	1710	69	4	10	32
	Eight	490	190	21	9	0	80	1290	52	3	8	24
Spicy Korean Noodles with marinated steak	Six	690	140	16	3.5	0	75	2790	96	4	34	38
	Eight	510	110	12	2.5	0	55	2090	72	3	26	28
Alfredo Montamore® with parmesan-cruste chicken	Six	1070	600	67	35	2	215	1710	74	5	9	37
	Eight	800	450	50	26	1.5	160	1280	56	4	7	28
Mushroom Stroganoff with marinated steak	Six	770	360	40	19	1	235	1070	67	3	8	41
	Eight	580	270	30	15	1	175	800	50	2	6	31
Spaghetti with oven-roasted meatballs	Six	920	390	44	15	2.5	90	1550	99	3	19	31
	Eight	690	290	33	11	2	65	1160	74	2	14	23

<b>SALADS</b>												
The Med Salad with grilled chicken	Six	360	130	15	5	0	65	1330	31	3	5	27
	Eight	270	100	11	4	0	50	1000	24	2	3	20
Chicken Veracruz Salad with chili-lime chicken	Six	870	640	71	10	0	65	930	43	22	5	28
	Eight	650	480	53	8	0	50	700	32	16	4	21

<b>EXTRAS &amp; DESSERTS</b>												
Cheesy Garlic Bread with marinara	Each	100	50	6	3.5	0	15	300	10	0	1	3
Tossed Green Salad	Six	130	100	12	1.5	0	0	240	7	2	4	1
	Eight	100	80	9	1.5	0	0	180	5	2	3	1
Caesar Salad w	Six	330	220	25	6	0	30	810	18	3	2	8
	Eight	240	170	19	4.5	0	20	610	13	2	1	6
Fresh Brewed Lemon Herbal Iced Tea	Each	70	0	0	0	0	0	35	17	0	17	0
Fresh Brewed Iced Tea	Each	0	0	0	0	0	0	35	0	0	0	0
Minute Maid Light Lemonade	Each	10	0	0	0	0	0	70	2	0	0	0
Minute Maid Lemonade	Each	160	0	0	0	0	0	70	44	0	42	0
Chocolate Chunk Cookie v	Each	490	200	22	11	0	25	350	69	3	39	6
Snoodledoodle Cookie v	Each	460	120	13	6	0	20	280	88	<1	72	3
Rice Crispy	Each	540	160	18	12	0	50	680	94	0	45	3

<b>FEED THE KIDS</b>												
Wisconsin Mac & Cheese	Ten	540	250	28	16	1	90	820	49	2	6	21
Spaghetti without meatballs	Ten	370	100	11	2.5	1	5	540	57	2	11	11
Buttered Noodles	Ten	430	200	22	11	0.5	125	420	51	2	3	11
Applesauce	Each	60	0	0	0	0	0	0	14	2	3	11
Kids Rice Crispies	Each	140	45	4.5	3	0	10	115	22	0	10	1

# CATERING ALLERGEN INFORMATION

	ALLERGENS							
	Peanuts	Tree Nuts	Soy	Milk	Eggs	Fish	Shell-fish	Wheat & Gluten
<b>NOODLES &amp; PASTA</b>								
<b>Penne Rosa</b> <i>with parmesan-cruste chicken</i>			•	•				•
<b>Wisconsin Mac &amp; Cheese</b> <i>with oven-roasted meatballs</i>				•				•
<b>Pesto Cavatappi</b> <i>with naturally raised pork</i>				•				•
<b>Pad Thai</b> <i>with sautéed shrimp</i>	•				•	•		
<b>Spicy Chipotle Adobo</b> <i>with naturally raised pork</i>				•				•
<b>Spicy Chipotle Adobo</b> <i>with grilled chicken</i>				•				•
<b>Spicy Korean Noodles</b> <i>with marinated steak</i>			•		•			•
<b>Alfredo Montamore®</b> <i>with parmesan-cruste chicken</i>			•	•				•
<b>Mushroom Stroganoff</b> <i>with marinated steak</i>			•	•	•			•
<b>Spaghetti</b> <i>with oven-roasted meatballs</i>				•				•
<b>SALADS</b>								
<b>The Med Salad</b> <i>with grilled chicken</i>				•				•
<b>Chicken Veracruz Salad</b> <i>with chili-lime chicken</i>				•	•			•
<b>EXTRAS &amp; DESSERTS</b>								
<b>Cheesy Garlic Bread</b> <i>with marinara</i>				•				•
<b>Tossed Green Salad</b>								
<b>Caesar Salad w</b>				•	•	•		•
<b>Chocolate Chunk Cookie v</b>			•	•	•			•
<b>Snoodledoodle Cookie v</b>		•	•	•	•			•
<b>Rice Crispy</b>				•				•
<b>FEED THE KIDS</b>								
<b>Wisconsin Mac &amp; Cheese</b>				•				•
<b>Spaghetti</b> <i>without meatballs</i>				•				•
<b>Buttered Noodles</b>				•	•			•
<b>Applesauce</b>								
<b>Kids Rice Crispies</b>				•				•