

CLASSIC NOODLES

Penne Rosa

700 • 350 Cal

Penne noodles in spicy tomato cream sauce, mushrooms, Roma tomato, spinach and parmesan



FEATURED FLAVOR

Pesto Cavatappi with Grilled Chicken

890 • 520 Cal

Cavatappi noodles in basil pesto cream sauce, garlic, grilled chicken, mushrooms, tomato and parmesan

Buttered Noodles

760 • 380 Cal

Tender wavy egg noodles, butter, Italian seasonings and parmesan

Spaghetti & Meatballs

980 • 670 Cal

Five meatballs on spaghetti, crushed tomato marinara and parmesan



FEATURED FLAVOR

Alfredo MontAmoré® with Parmesan-Crusted Chicken

1340 • 750 Cal

Spaghetti noodles, four-cheese blend alfredo, roasted mushrooms, tomato, spinach, parmesan chicken, MontAmoré cheese and cracked pepper

LOWER CARB* LEANGUINI

FEATURED FLAVOR

LEANGUINI Rosa

690 • 340 Cal

LEANGUINI noodles in spicy tomato cream sauce, mushrooms, Roma tomato, spinach and parmesan cheese



CREATED BY US. FOR YOU.

LEANGUINI Fresca

810 • 290 Cal

LEANGUINI noodles, balsamic vinaigrette, olive oil, roasted garlic, red onion, tomato, spinach and parmesan

3-Cheese Tortelloni Rosa

700 • 350 Cal

Tortelloni filled with a blend of ricotta, mozzarella, parmesan, onions and garlic in spicy tomato cream sauce with mushrooms, Roma tomato, spinach and parmesan

3-Cheese Tortelloni Pesto

770 • 390 Cal

Tortelloni filled with a blend of ricotta, mozzarella, parmesan, onions and garlic in basil pesto cream sauce with garlic, mushrooms, tomato and parmesan

Roasted Garlic Cream Tortelloni

810 • 400 Cal

Cheese-filled tortelloni in light roasted garlic & onion cream sauce with zucchini, mushrooms, spinach, MontAmoré cheese and parsley

FEATURED FLAVOR

Pasta Fresca with Shrimp

860 • 450 Cal

Penne noodles with shrimp, balsamic vinaigrette, olive oil, roasted garlic, red onion, tomato, spinach and parmesan



ZOODLES

Zucchini Roasted Garlic Cream

380 • 190 Cal

Zucchini noodles in light roasted garlic & onion cream sauce with mushrooms, spinach, roasted zucchini, MontAmoré cheese and parsley

Zucchini Pesto with Grilled Chicken

500 • 320 Cal

Zucchini noodles with basil pesto cream sauce, garlic, grilled chicken, mushrooms, tomato and parmesan



WORLD FAMOUS MACS

Wisconsin Mac & Cheese

980 • 490 Cal

A classic blend of cheddar and jack cheeses, cream and elbow macaroni

Gluten-Sensitive Pipette Mac

850 • 420 Cal

A classic blend of cheddar and jack cheeses, cream and pipette shells



FEATURED FLAVOR

Buffalo Chicken Mac

1100 • 650 Cal

Wisconsin Mac & Cheese with parmesan chicken, Frank's RedHot® Buffalo Wings Sauce, parmesan and green onions

BBQ Chicken Mac

1190 • 670 Cal

Wisconsin Mac & Cheese with grilled chicken, crispy jalapeños and tangy barbeque sauce

SIDE OF WISCONSIN MAC & CHEESE

270 Cal



FRANK'S REDHOT is a registered trademark of The French's Food Company LLC and used under license by Noodles & Company.

ASIAN NOODLES

FEATURED FLAVOR

Japanese Pan Noodles

640 • 320 Cal

Caramelized udon noodles in a sweet soy sauce, broccoli, mushrooms, carrots, black sesame seeds and cilantro



Pad Thai

1040 • 520 Cal

Rice noodle stir-fry with scrambled egg, napa and red cabbage, citrus, peanuts, green onions and cilantro

Spicy Korean Beef Noodles

890 • 510 Cal

Lo mein noodles tossed with a sweet and spicy Korean-style Gochujang BBQ sauce, marinated steak, napa and red cabbage, spinach, cucumber, green onions and cilantro



CUSTOMIZE YOUR NOODLE

LEANGUINI

44% Lower Net Carbs*

240 • 480 Cal

Zucchini Noodles

30 • 60 Cal

Gluten-Free Pipette Shells

230 • 450 Cal

3-Cheese Tortelloni

240 • 490 Cal

All Other Noodles

420-590 Cal

ADD PROTEIN

Grilled Chicken

150 Cal

Oven-Roasted Meatballs

360 Cal

Seasoned Tofu

230 Cal

Parmesan-Crusted Chicken

190 Cal

IMPOSSIBLE™

Panko Chicken** 280 Cal

Marinated Steak 140 Cal

Sautéed Shrimp 40 Cal

**Impossible™ Panko Chicken is made with Impossible™ Chicken Made From Plants. Impossible™ is a registered trademark of Impossible Foods Inc.; used under license.

Ask us for our Nutrition and Allergen Guide. Before placing your order, please inform a team member if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

*Contains lower carbs than traditional wheat pasta.



Spicy



Gluten Sensitive: Made without gluten-containing ingredients but potential for cross-contact exists.



Vegetarian: Excludes meat & fish.

SALAD & SOUP

Grilled Chicken Caesar

610 Cal

Romaine tossed in a Caesar dressing with grilled chicken, garlic croutons and parmesan

Side Caesar no chicken

210 Cal



NEW Backyard BBQ Chicken Salad 🌱

470 Cal

Mixed greens tossed in tangy barbeque coleslaw dressing with grilled chicken, tomato and red onion, topped with roasted corn and cheddar jack cheese



The Med Salad with Chicken 🍗

430 Cal

Grilled chicken, mixed greens, tomato, cucumber, red onion, Kalamata olives, cavatappi pasta, spicy yogurt dressing and feta



Chicken Noodle Soup

360 Cal

Our signature soup with chicken breast, celery, carrots, onion and wavy egg noodles

Side Chicken Noodle Soup

120 Cal



Baguette

170 Cal



MAKE IT A MEAL

Add a Reg Drink & Side or Dessert

120-840 Cal

Sides

Wisconsin Mac & Cheese
Caesar Salad
Chicken Noodle Soup
Baguette

Desserts

Rice Crispy
Cookie



KIDS MEALS

Choose An Entrée

Wisconsin Mac & Cheese

490 Cal



Grilled Chicken Breast with Marinara

170 Cal



Buttered Noodles

380 Cal



Spaghetti & Meatballs

450 Cal



Choose Two Sides

Broccoli 15 Cal

Applesauce 70 Cal

Kids Crispy 130 Cal



Choose A Drink

Lowfat Milk

110-150 Cal

Organic Juice 40 Cal

Gluten sensitive?

Substitute Gluten-Free Pipette Shells.



1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years, but calorie needs vary.

SHAREABLES

Potstickers

330 Cal

Chicken dumplings served with soy dipping sauce



Cheesy Garlic Bread 🌿

610 Cal

Parmesan and garlic butter melted over toasted petite baguette with Italian seasonings and marinara sauce



Korean BBQ Meatballs 🍗

440 Cal

Flavorful meatballs tossed with a sweet and spicy Korean-style Gochujang barbeque sauce



DRINKS Coca-Cola freestyle

Fountain Drink

Reg 0-300 Cal

Lg 0-450 Cal

Fresh-Brewed Iced Tea

Reg 0-120 Cal

Lg 0-180 Cal



 **noodles**
& COMPANY