

CLASSIC NOODLES

FEATURED FLAVOR

Chicken Parmesan 960 Cal

Penne noodles topped with crushed tomato marinara, parmesan-crusted chicken and oven-baked mozzarella, garnished with parsley

Penne Rosa 700 • 350 Cal

Penne noodles in spicy tomato cream sauce, mushrooms, Roma tomato, spinach and parmesan

Alfredo MontAmoré® with Parmesan-Crusted Chicken 1340 • 750 Cal

Spaghetti noodles, four-cheese blend alfredo, roasted mushrooms, tomato, spinach, parmesan chicken, MontAmoré cheese and cracked pepper

Buttered Noodles 760 • 380 Cal

Tender wavy egg noodles, butter, Italian seasonings and parmesan

Spaghetti & Meatballs 980 • 670 Cal

Five meatballs on spaghetti, crushed tomato marinara and parmesan



3-Cheese Tortelloni Rosa 700 • 350 Cal

Tortelloni filled with a blend of ricotta, mozzarella, parmesan, onions and garlic in spicy tomato cream sauce with mushrooms, Roma tomato, spinach and parmesan

3-Cheese Tortelloni Pesto 770 • 390 Cal

Tortelloni filled with a blend of ricotta, mozzarella, parmesan, onions and garlic in basil pesto cream sauce with garlic, mushrooms, tomato and parmesan

Roasted Garlic Cream Tortelloni 810 • 400 Cal

Cheese-filled tortelloni in light roasted garlic & onion cream sauce with zucchini, mushrooms, spinach, MontAmoré cheese and parsley

Pasta Fresca with Shrimp 860 • 450 Cal

Penne noodles with shrimp, balsamic vinaigrette, olive oil, roasted garlic, red onion, tomato, spinach and parmesan



FEATURED FLAVOR

Pesto Cavatappi with Grilled Chicken 890 • 520 Cal

Cavatappi noodles in basil pesto cream sauce, garlic, grilled chicken, mushrooms, tomato and parmesan



LOWER CARB* LEANGUINI

FEATURED FLAVOR

LEANguini Rosa 690 • 340 Cal

LEANguini noodles in spicy tomato cream sauce, mushrooms, Roma tomato, spinach and parmesan cheese

LEANguini Fresca 810 • 290 Cal

LEANguini noodles, balsamic vinaigrette, olive oil, roasted garlic, red onion, tomato, spinach and parmesan



CREATED BY US. FOR YOU.

ZOODLES

Zucchini Roasted Garlic Cream 380 • 190 Cal

Zucchini noodles in light roasted garlic & onion cream sauce with mushrooms, spinach, roasted zucchini, MontAmoré cheese and parsley

Zucchini Pesto with Grilled Chicken 500 • 320 Cal

Zucchini noodles with basil pesto cream sauce, garlic, grilled chicken, mushrooms, tomato and parmesan



WORLD FAMOUS MACS

Wisconsin Mac & Cheese 1050 • 530 Cal

A classic blend of cheddar and jack cheeses, cream and elbow macaroni

Side of Wisconsin Mac & Cheese 320 Cal

Gluten-Sensitive Pipette Mac 910 • 460 Cal

A classic blend of cheddar and jack cheeses, cream and pipette shells



FEATURED FLAVOR

Buffalo Chicken Mac 1220 • 710 Cal

Wisconsin Mac & Cheese with parmesan chicken, Frank's RedHot® Buffalo Wings Sauce, parmesan and green onions

BBQ Chicken Mac 1260 • 710 Cal

Wisconsin Mac & Cheese with grilled chicken, crispy jalapeños and tangy barbeque sauce



FRANK'S REDHOT is a registered trademark of The French's Food Company LLC and used under license by Noodles & Company.

ASIAN NOODLES

FEATURED FLAVOR

Japanese Pan Noodles 640 • 320 Cal

Caramelized udon noodles in a sweet soy sauce, broccoli, mushrooms, carrots, black sesame seeds and cilantro



Pad Thai 1040 • 520 Cal

Rice noodle stir-fry with scrambled egg, napa and red cabbage, citrus, peanuts, green onions and cilantro

Spicy Korean Beef Noodles 890 • 510 Cal

Lo mein noodles tossed with a sweet and spicy Korean-style Gochujang BBQ sauce, marinated steak, napa and red cabbage, spinach, cucumber, green onions and cilantro



CUSTOMIZE YOUR NOODLE

LEANGUINI

44% Lower Net Carbs*
240 • 480 Cal

Zucchini Noodles 30 • 60 Cal

Gluten-Free Pipette Shells 230 • 450 Cal

3-Cheese Tortelloni 240 • 490 Cal

All Other Noodles 210-590 Cal



ADD PROTEIN

Grilled Chicken 150 Cal

Oven-Roasted Meatballs 360 Cal

Seasoned Tofu 230 Cal

Parmesan-Crusted Chicken 190 Cal

IMPOSSIBLE™ Panko Chicken** 280 Cal

Marinated Steak 140 Cal

Sautéed Shrimp 40 Cal

**Impossible™ Panko Chicken is made with Impossible™ Chicken Made From Plants. Impossible™ is a registered trademark of Impossible Foods Inc.; used under license.

Ask us for our Nutrition and Allergen Guide. Before placing your order, please inform a team member if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

*Contains lower carbs than traditional wheat pasta.



Gluten Sensitive: Made without gluten-containing ingredients but potential for cross-contact exists.



Vegetarian: Excludes meat & fish.

SALAD & SOUP

Grilled Chicken Caesar

610 Cal

Romaine tossed in a Caesar dressing with grilled chicken, garlic croutons and parmesan

Side Caesar no chicken

210 Cal

Backyard BBQ Chicken Salad

470 Cal

Mixed greens tossed in tangy barbeque coleslaw dressing with grilled chicken, tomato and red onion, topped with roasted corn and cheddar jack cheese

The Med Salad with Chicken

430 Cal

Grilled chicken, mixed greens, tomato, cucumber, red onion, Kalamata olives, cavatappi pasta, spicy yogurt dressing and feta

Chicken Noodle Soup

360 Cal

Our signature soup with chicken breast, celery, carrots, onion and wavy egg noodles

Side Chicken Noodle Soup

120 Cal

Baguette

170 Cal



MAKE IT A MEAL

Add a Reg Drink & Side or Dessert

120-840 Cal

Sides

Wisconsin Mac & Cheese
Caesar Salad
Chicken Noodle Soup
Baguette

Desserts

Rice Crispy
Cookie



KIDS MEALS

Choose An Entrée

Wisconsin Mac & Cheese

530 Cal



Grilled Chicken Breast with Marinara

170 Cal



Buttered Noodles

380 Cal



Spaghetti & Meatballs

450 Cal



Choose Two Sides

Broccoli 15 Cal

Applesauce 70 Cal

Kids Crispy 130 Cal



Choose A Drink

Lowfat Milk

110-150 Cal

Organic Juice 40 Cal

Gluten sensitive?

Substitute Gluten-Free Pipette Shells.



1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years, but calorie needs vary.

SHAREABLES

Potstickers

330 Cal

Chicken dumplings served with soy dipping sauce



Cheesy Garlic Bread

610 Cal

Parmesan and garlic butter melted over toasted petite baguette with Italian seasonings and marinara sauce



Korean BBQ Meatballs

440 Cal

Flavorful meatballs tossed with a sweet and spicy Korean-style Gochujang barbeque sauce



DRINKS Coca-Cola freestyle

Fountain Drink

Reg 0-300 Cal

Lg 0-450 Cal

Fresh-Brewed Iced Tea

Reg 0-120 Cal

Lg 0-180 Cal

