

Noodle Bowls

**Taste the
difference**

**Bold new dishes
More fresh ingredients
Reimagined classics**

Culinary Classics

JAPANESE PAN NOODLES 🍴 🌱 640/320 Cal
Caramelized udon noodles in sweet soy sauce, broccoli, mushrooms and carrots, topped with black sesame seeds and cilantro

PAD THAI 🍴 1040/520 Cal
Rice noodles with scrambled egg, napa and red cabbage, lime, peanuts, green onions and cilantro

BASIL PESTO CAVATAPPI 🍴 🌱 860/430 Cal
Cavatappi noodles in creamy basil pesto sauce, roasted cherry tomatoes and mushrooms, topped with parmesan and fresh herbs

PASTA FRESCA 🍴 660/330 Cal
Rigatoni noodles in balsamic vinaigrette, olive oil, roasted garlic, red onion, roasted tomato and spinach, topped with parmesan

**ROASTED GARLIC CREAM
TORTELLONI** 🍴 🌱 770/380 Cal
Cheese-filled tortelloni in light roasted garlic & onion cream sauce with zucchini, mushrooms and spinach, topped with parmesan and parsley

BUTTERY PARMESAN NOODLES 🍴 760/370 Cal
Tender wavy egg noodles and butter, topped with Italian seasonings and parmesan

Chef-Curated with Protein

CAJUN SHRIMP FETTUCCINE 🍴 1050/550 Cal
Fettuccine noodles in Cajun-spiced alfredo sauce with shrimp, bacon and roasted red peppers, topped with parmesan and green onions

CRISPY CHICKEN BACON ALFREDO 1150/680 Cal
Fettuccine noodles in creamy alfredo sauce with parmesan-crusted chicken, smoky bacon, spinach and broccoli, topped with fresh herbs and MontAmoré® cheese

**RIGATONI ROSA
WITH PARMESAN CHICKEN** 🍴 890/540 Cal
Rigatoni noodles in mildly spiced tomato cream sauce, roasted cherry tomatoes, spinach and mushrooms, topped with parmesan-crusted chicken, parmesan and parsley

CHICKEN PARMESAN 940 Cal
Oven-baked rigatoni noodles in crushed tomato marinara with parmesan-crusted chicken, topped with mozzarella and parsley

CHIPOTLE CHICKEN CAVATAPPI 🍴 1170/670 Cal
Cavatappi noodles in creamy chipotle alfredo sauce with grilled chicken, roasted red peppers, corn, spinach and gouda, topped with parsley, smoky chipotle shake and lime

LEMON GARLIC SHRIMP SCAMPI 1070/560 Cal
Fettuccine noodles in garlic butter sauce with sautéed shrimp, artichoke hearts, cherry tomatoes and fresh spinach, topped with parmesan, fresh herbs and lemon

SPICY KOREAN STEAK NOODLES 🍴 890/510 Cal
Lo mein noodles in a sweet & spicy Korean-style Gochujang BBQ sauce with marinated steak, napa and red cabbage, spinach and cucumber, topped with green onions and cilantro

SPAGHETTI & MEATBALLS 980/670 Cal
Spaghetti with oven-roasted meatballs in crushed tomato marinara, topped with parmesan

CAJUN SHRIMP
FETTUCCINE



NEW Mac & Cheese

CREAMY CHEDDAR MAC 🍴 🌱 1050/520 Cal
Elbow noodles in creamy cheddar & jack cheese sauce, topped with shredded cheese

BUFFALO CHICKEN RANCH MAC 🍴 1380/790 Cal
Elbow noodles in creamy cheddar & jack cheese sauce with parmesan-crusted chicken, topped with Buffalo sauce, green onions, crispy onions and a drizzle of ranch

GARLIC BACON CRUNCH MAC 1290/640 Cal
Elbow noodles in creamy garlic cheddar sauce with bacon and white cheddar, topped with crispy onions, parmesan cheese and fresh herbs

PULLED PORK BBQ MAC 1240/690 Cal
Elbow noodles in creamy cheddar & jack cheese sauce with smoky pulled pork, topped with tangy BBQ sauce, green onions and crispy onions



Salad & Soup

GREEN GODDESS

CHICKEN COBB SALAD 720 Cal

Mixed greens, green goddess ranch dressing, grilled chicken, bacon, hard-boiled egg, avocado, feta, grape tomatoes, Persian cucumber, pickled red onion and garlic croutons



MED CHICKEN SALAD 440 Cal

Mixed greens in spicy yogurt dressing with grilled chicken, tomato, cucumber, red onion, Kalamata olives, cavatappi pasta and feta

CHICKEN CAESAR SALAD 670 Cal

Romaine, Caesar dressing, grilled chicken, garlic croutons and parmesan






CHICKEN NOODLE SOUP 360 Cal

Our signature soup with chicken breast, celery, carrots, onion and wavy egg noodles

Sub Add Protein

PARMESAN-CRUSTED CHICKEN	190 Cal
GRILLED CHICKEN 	150 Cal
SAUTÉED SHRIMP 	40 Cal
MARINATED STEAK 	140 Cal
PULLED PORK 	130 Cal
OVEN-ROASTED MEATBALLS	360 Cal
SEASONED TOFU 	230 Cal

Sides

POTSTICKERS	330 Cal
KOREAN BBQ MEATBALLS 	440 Cal
CHEESY GARLIC BREAD 	610 Cal
LEMON PARMESAN BROCCOLI 	140 Cal
CREAMY CHEDDAR MAC 	260 Cal
CHICKEN NOODLE SOUP	120 Cal
CAESAR SALAD	210 Cal
BAGUETTE 	170 Cal

Desserts

RICE CRISPY	540 Cal
CHOCOLATE CHUNK COOKIE 	450 Cal
SNOODLE DOODLE COOKIE 	450 Cal

Drinks

Coca-Cola freestyle.

Reg	0-300 Cal
Lg	0-450 Cal

FRESH-BREWED ICED TEA

Reg	0-120 Cal
Lg	0-180 Cal

Kids Meals

1 Choose an Entrée

CREAMY CHEDDAR MAC  520 Cal

GRILLED CHICKEN BREAST WITH MARINARA  170 Cal

BUTTERY PARMESAN NOODLES  370 Cal

SPAGHETTI & MEATBALLS 450 Cal

2 Choose Two Sides

Broccoli  15 Cal

Applesauce  70 Cal

Kids Crispy 130 Cal

3 Choose a Drink

Milk 110-150 Cal

Organic Juice 40 Cal

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years, but calorie needs vary.

Gluten sensitive?

Sub Gluten-Free Pipette Shells

Vegetarian?

Sub or add Seasoned Tofu

 Spicy

 Gluten Sensitive

Made without gluten-containing ingredients but potential for cross-contact exists

 Vegetarian
Excludes meat and fish

NEW MENU

NEW FLAVORS

Taste what's fresh.


noodles
& COMPANY