

Catering

Nutritional Information

	Number of Servings	Cals	Cals from Fat	Fat g	Sat Fat g	Trans Fat g	Chol mg	Sodium mg	Carb g	Dietary Fiber g	Sugars g	Protein g
Classic Noodles												
Basil Pesto Cavatappi with Grilled Chicken	Eight	730	362	40	14	0.5	135	1560	57	8	5	36
	Pan	5820	2898	322	114	5	1085	12450	460	61	43	291
Buttery Parmesan Noodles 🍝	Eight	570	258	29	13	1	165	420	69	3	4	15
	Pan	4570	2062	231	107	6	1315	3340	553	22	32	123
Cajun Shrimp Fettuccine	Eight	640	332	37	19	0	160	1450	55	4	5	22
	Pan	5100	2657	295	155	1	1295	11560	440	35	41	178
Chicken Parmesan	Eight	610	222	25	9	1	70	1530	65	4	13	35
	Pan	4920	1778	198	74	8	580	12220	516	33	102	280
Chili Garlic Ramen	Eight	520	197	22	13	1	55	2040	64	1	3	15
	Pan	4120	1574	175	102	4	435	16310	509	9	20	123
Chipotle Chicken Cavatappi	Eight	760	371	41	22	0	200	1400	57	4	8	37
	Pan	6080	2970	330	177	1	1590	11180	458	30	61	297
Crispy Chicken Bacon Alfredo	Eight	800	410	46	25	0	175	1460	61	6	4	37
	Pan	6400	3281	365	196	3	1410	11670	484	45	35	295
Lemon Garlic Shrimp Scampi	Eight	750	433	48	23	1	155	1120	62	7	6	20
	Pan	6010	3467	388	181	7	1235	8980	495	55	47	157
Pad Thai with Sautéed Shrimp 🍜	Eight	750	261	29	5	0	255	2090	98	4	43	26
	Pan	6090	2086	232	42	2	2030	16690	788	32	345	208
Pasta Fresca with Sautéed Shrimp w/a	Eight	510	248	28	5	0	55	1250	49	4	5	16
	Pan	4060	1987	221	41	0.5	450	9970	393	28	41	131
Rigatoni Rosa with Parmesan Chicken	Eight	550	187	21	8	0	70	1300	60	8	8	30
	Pan	4300	1494	166	62	3.5	560	10380	482	65	68	237
Spaghetti & Meatballs	Eight	710	290	32	11	2	55	1170	79	3	14	24
	Pan	5650	2330	258	91	17	455	9340	632	21	116	191
Spicy Korean Steak Noodles w/a	Eight	580	158	18	4	0	50	2130	77	2	25	27
	Pan	4660	1263	140	27	0	405	17010	618	14	197	214
Tortelloni Rosa 🍝	Eight	440	178	20	10	0	80	1140	47	6	8	21
	Pan	3520	1422	158	82	2.5	650	9090	374	47	66	164
Mac Menu												
Creamy Cheddar Mac with Meatballs	Eight	830	423	47	24	2	125	1710	64	3	6	37
	Pan	6610	3380	376	190	15	1010	13690	514	23	47	298
Buffalo Chicken Ranch Mac	Eight	870	416	46	17	1	115	2990	73	4	7	43
	Pan	6990	3327	370	136	7	930	23920	582	29	60	343
Pulled Pork BBQ Mac	Eight	800	286	32	15	0.5	120	2060	87	4	25	42
	Pan	6440	2292	255	119	6	950	16520	695	30	200	339
Garlic Bacon Crunch Mac	Eight	810	398	44	20	1	105	1640	66	3	6	38
	Pan	6480	3181	353	162	8	845	13160	531	27	47	301
Gluten-Sensitive Pipette Mac 🍴🍴	Eight	600	248	28	15	1	75	1220	66	2	4	24
	Pan	4770	1986	221	119	7	615	9760	525	14	29	191
Salads												
Mediterranean Chicken Salad	Eight	320	113	13	4.5	0	100	1220	25	2	5	28
	Pan	2590	904	100	37	2.5	780	9630	200	18	39	224
Chicken Caesar Salad w	Eight	450	255	28	9	0	115	1070	14	2	2	35
	Pan	3590	2036	226	72	3	925	8570	111	17	18	282
Sides												
Cheesy Garlic Bread with Marinara 🍝	Each	120	45	5	2.5	0	10	300	15	0	2	4
	Pan	2970	1080	121	69	5	280	7570	376	0	42	102
Caesar Salad w	Each	330	215	24	8	0	35	700	14	2	2	15
	Pan	2630	1721	191	64	2	290	5590	112	14	17	121
Garden Salad 🍴🍴	Each	110	76	8	1.5	0	0	180	6	1	4	1
	Pan	850	604	67	10	0	0	1440	47	9	32	10
Desserts												
Chocolate Chunk Cookies 🍪	Each	450	190	21	9	0	25	290	64	3	36	6
Snoodle Doodle Cookies 🍪	Each	450	180	20	8	0	25	290	64	3	36	6
Rice Crispies	Each	540	170	19	12	1	50	460	87	0	39	6
Mac Bar												
Base Mac Bar	Ten	520	216	24	13	1	65	1140	52	2	6	23
Grilled Chicken 🍴	Ten	60	15	2	0	0	40	220	0	0	0	11
Oven-Roasted Meatballs	Ten	130	99	11	5	1	30	280	2	0	0	6
Parmesan-Crusted Chicken	Ten	80	29	3	1	0	20	370	3	0	0	9
Sautéed Shrimp 🍴	Ten	30	2	0	0	0	50	160	0	0	0	7
Pulled Pork 🍴	Ten	70	23	3	1	0	35	260	1	0	0	11
Marinated Steak 🍴	Ten	80	38	4	1	0	25	220	1	0	0	8
Seasoned Tofu 🍴	Ten	100	55	6	1	0	0	240	3	0	2	8

Catering

Nutritional Information

	ALLERGENS								
	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat & Gluten	Sesame
Classic Noodles									
Basil Pesto Cavatappi with Grilled Chicken			•					•	
Buttery Parmesan Noodles ☯	•		•					•	
Cajun Shrimp Fettuccine			•		•			•	
Chicken Parmesan			•			•		•	
Chili Garlic Ramen	•		•		•	•		•	•
Chipotle Chicken Cavatappi			•					•	
Crispy Chicken Bacon Alfredo			•			•		•	
Lemon Garlic Shrimp Scampi			•		•			•	
Pad Thai with Sautéed Shrimp ☼	•	•		•	•				
Pasta Fresca with Sautéed Shrimp w/a			•		•			•	
Rigatoni Rosa with Parmesan Chicken			•			•		•	
Spaghetti & Meatballs			•					•	
Spicy Korean Steak Noodles w/a	•					•		•	•
Tortelloni Rosa ☯	•		•					•	
Mac Menu									
Creamy Cheddar Mac with Meatballs			•					•	
Buffalo Chicken Ranch Mac	•		•			•		•	
Pulled Pork BBQ Mac			•					•	
Garlic Bacon Crunch Mac			•					•	
Gluten-Sensitive Pipette Mac ☼ ☯			•						
Salads									
Mediterranean Chicken Salad			•					•	
Chicken Caesar Salad w	•	•	•					•	
Sides									
Cheesy Garlic Bread with Marinara ☯			•					•	
Caesar Salad w	•	•	•					•	
Garden Salad ☼ ☯									
Desserts									
Chocolate Chunk Cookies ☯	•		•			•	•	•	
Snoodle Doodle Cookies ☯	•		•			•	•	•	
Rice Crispies			•					•	
Mac Bar									
Base Mac Bar			•					•	
Grilled Chicken ☼									
Oven-Roasted Meatballs			•					•	
Parmesan-Crusted Chicken			•			•		•	
Sautéed Shrimp ☼					•				
Pulled Pork ☼									
Marinated Steak ☼						•			
Seasoned Tofu ☯						•		•	•

☼ **GLUTEN SENSITIVE**
Made without gluten-containing ingredients but potential for cross-contact exists.

☯ **VEGETARIAN**
Excludes meat & fish.

w = Contains wine in sauce or dressing
a = Contains alcohol in sauce