Catering

Nutritional Information

	Number of Servings	Cals	Cals from Fat	Fat g	Sat Fat g	Trans Fat g	Chol mg	Sodium mg	Carb g	Dietary Fiber g	Sugars g	Protein g
Classic Noodles												
Baked Chicken Parmesan	Eight	610	222	25	9	1	70	1530	65	4	13	35
	Pan	4920	1778	198	74	8	580	12220	516	33	102	280
Basil Pesto Cavatappi with Grilled Chicken	Eight	680	362	40	14	0.5	135	1560	57	8	5	36
	Pan	5450	2898	322	114	5	1085	12450	460	61	43	291
Buttery Parmesan Noodles ∅	Eight	570	258	29	13	1	165	420	69	3	4	15
	Pan	4570	2062	231	107	6	1315	3340	553	22	32	123
Cajun Shrimp Fettuccine	Eight	660	332	37	19	0	160	1450	55	4	5	22
	Pan	5290	2657	295	155	1	1295	11560	440	35	41	178
Crispy Chicken Bacon Alfredo	Eight	800	410	46	25	0	175	1460	61	6	4	37
	Pan	6400	3281	365	196	3	1410	11670	484	45	35	295
Lemon Garlic Shrimp Scampi	Eight	760	433	48	23	1	155	1120	62	7	6	20
	Pan	6060	3467	388	181	7	1235	8980	495	55	47	157
Pad Thai with Sautéed Shrimp ⊠	Eight	750	261	29	5	0	255	2090	98	4	43	26
	Pan	6090	2086	232	42	2	2030	16690	788	32	345	208
Pasta Fresca with Sautéed Shrimp w/a	Eight	530	248	28	5	0	55	1250	49	4	5	16
	Pan	4210	1987	221	41	0.5	450	9970	393	28	41	131
Rigatoni Rosa with Parmesan Chicken	Eight	520	187	21	8	0	70	1300	60	8	8	30
	Pan	4170	1494	166	62	3.5	560	10380	482	65	68	237
Spaghetti & Meatballs	Eight	710	290	32	11	2	55	1170	79	3	14	24
	Pan	5650	2330	258	91	17	455	9340	632	21	116	191
Tortelloni Rosa ∅	Eight	440	178	20	10	0	80	1140	47	6	8	21
	Pan	3520	1422	158	82	2.5	650	9090	374	47	66	164
Ramen												
Gochujang Carbonara Ramen Noodles	Eight	570	56	6	2	0	10	720	101	1	10	17
	Pan	4560	450	50	16	0.5	95	5750	804	6	84	138
Sesame Steak Ramen Noodles	Eight	760	284	32	6	0	50	3480	87	2	23	27
	Pan	6050	2273	253	46	0	405	27840	700	17	187	218
Spicy Korean Steak Ramen Noodles w/a	Eight	580	158	18	4	0	50	2130	77	2	25	27
	Pan	4660	1263	140	27	0	405	17010	618	14	197	214
Mac Menu												
Buffalo Chicken Ranch Mac	Eight	870	416	46	17	1	115	2990	73	4	7	43
	Pan	6990	3327	370	136	7	930	23920	582	29	60	343
Creamy Cheddar Mac with Meatballs	Eight	830	423	47	24	2	125	1710	64	3	6	37
	Pan	6610	3380	376	190	15	1010	13690	514	23	47	298
Gluten-Sensitive Pipette Mac ⊠ ∅	Eight	600	248	28	15	1	75	1220	66	2	4	24
	Pan	4770	1986	221	119	7	615	9760	525	14	29	191
Pulled Pork BBQ Mac	Eight	800	286	32	15	0.5	120	2060	87	4	25	42
	Pan	6440	2292	255	119	6	950	16520	695	30	200	339
Salads												
Chicken Caesar Salad w	Eight	410	234	26	7	0	110	1030	14	2	2	31
	Pan	3260	1873	208	60	3.5	885	8230	109	17	18	245
Mediterranean Chicken Salad	Eight	320	113	13	4.5	0	100	1220	25	2	5	28
	Pan	2590	904	100	37	2.5	780	9630	200	18	39	224
Sides												
Cheesy Garlic Bread with Marinara ∅	Each	120	45	5	2.5	0	10	300	15	0	2	4
	Pan	2970	1080	121	69	5	280	7570	376	0	42	102
Caesar Salad w	Each	290	195	22	6	0	30	660	14	2	2	11
	Pan	2300	1558	173	52	2.5	250	5250	110	14	17	85
Garden Salad ⊠ ∅	Each	110	76	8	1.5	0	0	180	6	1	4	1
	Pan	850	604	67	10	0	0	1440	47	9	32	10
Desserts												
Chocolate Chunk Cookies ∅	Each	450	190	21	9	0	25	290	64	3	36	6
Snoodle Doodle Cookies ∅	Each	450	180	20	8	0	25	290	64	3	36	6
Rice Crispies	Each	540	170	19	12	1	50	460	87	0	39	6
Mac Bar												
Base Mac Bar	Ten	520	216	24	13	1	65	1140	52	2	6	23
Grilled Chicken ⊠	Ten	60	15	2	0	0	40	220	0	0	0	11
Marinated Steak ⊠	Ten	80	38	4	1	0	25	220	1	0	0	8
Oven-Roasted Meatballs	Ten	130	99	11	5	1	30	280	2	0	0	6
Parmesan-Crusted Chicken	Ten	80	29	3	1	0	20	370	3	0	0	9
Pulled Pork ⊠	Ten	70	23	3	1	0	35	260	1	0	0	11
Sautéed Shrimp ⊠	Ten	30	2	0	0	0	50	160	0	0	0	7
Seasoned Tofu ∅	Ten	100	55	6	1	0	0	240	3	0	2	8

Catering

Nutritional Information

	ALLERGENS								
	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat & Gluten	Sesame
Classic Noodles									
Baked Chicken Parmesan			•			•		•	
Basil Pesto Cavatappi with Grilled Chicken			•					•	
Buttery Parmesan Noodles ∅	•		•					•	
Cajun Shrimp Fettuccine			•		•			•	
Crispy Chicken Bacon Alfredo			•			•		•	
Lemon Garlic Shrimp Scampi			•		•			•	
Pad Thai with Sautéed Shrimp ✗	•	•		•	•				
Pasta Fresca with Sautéed Shrimp w/a			•		•			•	
Rigatoni Rosa with Parmesan Chicken			•			•		•	
Spaghetti & Meatballs			•					•	
Tortelloni Rosa ∅	•		•					•	
Ramen									
Gochujang Carbonara Ramen Noodles	•		•			•		•	•
Sesame Steak Ramen Noodles	•					•		•	•
Spicy Korean Steak Ramen Noodles w/a	•					•		•	•
Mac Menu									
Buffalo Chicken Ranch Mac	•		•			•		•	
Creamy Cheddar Mac with Meatballs			•					•	
Gluten-Sensitive Pipette Mac ✗ ∅			•						
Pulled Pork BBQ Mac			•					•	
Salads									
Chicken Caesar Salad w	•	•	•					•	
Mediterranean Chicken Salad			•					•	
Sides									
Cheesy Garlic Bread with Marinara ∅			•					•	
Caesar Salad w	•	•	•					•	
Garden Salad ✗ ∅									
Desserts									
Chocolate Chunk Cookies ∅	•		•			•	•	•	
Snoodle Doodle Cookies ∅	•		•			•	•	•	
Rice Crispies			•					•	
Mac Bar									
Base Mac Bar			•					•	
Grilled Chicken ✗									
Marinated Steak ✗						•			
Oven-Roasted Meatballs			•					•	
Parmesan-Crusted Chicken			•			•		•	
Pulled Pork ✗									
Sautéed Shrimp ✗					•				
Seasoned Tofu ∅						•		•	•

✗ GLUTEN SENSITIVE
Made without gluten-containing ingredients but potential for cross-contact exists.

∅ VEGETARIAN
Excludes meat & fish.

w = Contains wine in sauce or dressing
a = Contains alcohol in sauce

noodles & COMPANY

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