Classic Noodles

**Penne Rosa** 720 · 360 Cal
Penne noodles in spicy tomato cream sauce, mushrooms, Roma tomato, spinach and parmesan

**Buttered Noodles** 760 · 380 Cal
Tender wavy egg noodles, butter, Italian seasonings and parmesan

**Steak Stroganoff** 1150 · 640 Cal
Marinated steak, mushroom sherry cream sauce, fresh herbs, cracked pepper, roasted mushrooms, wavy egg noodles and parmesan

**Spaghetti & Meatballs** 980 · 670 Cal
Five meatballs on spaghetti, crushed tomato marinara and parmesan

**Alfredo MontAmoré® with Parmesan-Crusted Chicken** 1410 · 800 Cal
Spaghetti noodles, four-cheese blend alfredo, roasted mushrooms, tomato, spinach and parmesan chicken, topped with MontAmoré cheese and cracked pepper

**Pesto Cavatappi** 750 · 370 Cal
Curly pasta, basil pesto, garlic, mushrooms, tomato, cream and parmesan

**Shrimp Scampi** 850 · 460 Cal
Penne noodles with shrimp in light scampi sauce with roasted zucchini, Roma tomato and topped with parmesan, parsley and lemon

World Famous Macs

**Wisconsin Mac & Cheese** 980 · 490 Cal
A classic blend of cheddar and jack cheeses, cream and elbow macaroni

**Buffalo Chicken Mac** 1100 · 650 Cal
Wisconsin Mac & Cheese with parmesan chicken, Frank’s RedHot® Buffalo Wings Sauce, parmesan cheese and green onions

**BBQ Pork Mac** 1210 · 690 Cal
Wisconsin Mac & Cheese with tender, slow-braised pork, crispy jalapeños and tangy barbeque sauce

**Pipette Mac** 840 · 490 Cal
A classic blend of cheddar and jack cheeses, cream and pipette shells

**Cauliflower Rigatoni in Light Onion Cream Sauce** 850 · 410 Cal
Cauliflower-infused rigatoni in light onion cream sauce with roasted zucchini, mushrooms and spinach, finished with MontAmoré cheese and parsley

**Spicy Korean Beef Noodles** 880 · 500 Cal
Lo mein noodles tossed with a sweet and spicy Korean-style Gochujang BBQ sauce, marinated steak, napa and red cabbage, peanuts, green onions and cilantro

**Penne Rosa** 720 · 360 Cal
Penne noodles in spicy tomato cream sauce, mushrooms, Roma tomato, spinach and parmesan

**Baked Chicken Parmesan** 210 · 440 Cal
Cheesy chicken topped with muenster cheese and green onions

**Mozzarella-Crusted Chicken** 210 · 420 Cal
Chicken breast is crusted in parmesan cheese and green onions

**Add or Substitute**

**Any Noodle including Cauliflower Rigatoni** 230–590 Cal

**Zucchini Noodles** 30 · 60 Cal

**Gluten-Free Pipette Shells** 230 · 450 Cal

**Meat or Tofu**

**Grilled Chicken** 150 Cal

**Parrmesan-Crusted Chicken** 190 Cal

**Oven-Roasted Meatballs** 360 Cal

**Seasoned Tofu** 210 Cal

**Naturally Raised Pork** 160 Cal

**Premium**

**Marinated Steak** 120 Cal

**Sautéed Shrimp** 70 Cal

**Spicy**
Made without gluten-containing ingredients but potential for cross-contact exists.

**Vegetarian**
Excludes meat & fish.

Zoodles and Caulifloodles

**Zucchini Shrimp Scampi** 430 · 240 Cal
Zucchini noodles with shrimp in light scampi sauce with roasted zucchini, Roma tomato and topped with parmesan, parsley and lemon

**Cauliflower Rigatoni in Light Onion Cream Sauce** 850 · 410 Cal
Cauliflower-infused rigatoni in light onion cream sauce with roasted zucchini, mushrooms and spinach, finished with MontAmoré cheese and parsley

**Cauliflower Rigatoni Fresca with Shrimp** 880 · 480 Cal
Cauliflower-infused rigatoni sautéed with shrimp, balsamic vinaigrette, olive oil, roasted garlic, red onion, tomato and spinach, then topped with parmesan

**Ask us for our Nutrition and Allergen Guide.** Before placing your order, please inform a team member if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
**Signature Flavors**

- **Penne Rosa with Parmesan-Crusted Chicken**
  - 910 Cal

- **Chicken Veracruz Salad**
  - 650 Cal

- **Pesto Cavatappi with Grilled Chicken**
  - 880 Cal

- **Buffalo Chicken Mac**
  - 1100 Cal

- **Japanese Pan Noodles with Marinated Steak**
  - 760 Cal

**Salads**

- **The Med Salad with Chicken**
  - 390 - 250 Cal
  - Grilled chicken, romaine, mixed greens, tomato, cucumber, red onion, Kalamata olives, cavatappi pasta, spicy yogurt dressing and feta

- **Chicken Veracruz Salad**
  - 650 - 380 Cal
  - Mixed greens topped with Roma tomato, red onion, grilled chicken, bacon crumbles from naturally raised pork, fresh-cut corn, tossed with jalapeño ranch dressing and crispy jalapeños, fresh avocados and cilantro

**Make It a Meal**

- **Add a Reg Drink & Side or Dessert**
  - 30-840 Cal

**Shareable**

- **Potstickers**

- **Cheesy Garlic Bread**

- **Korean BBQ Meatballs**

**Drinks**

- **Fountain Drink**
  - Reg 0-300 Cal
  - Lg 0-450 Cal

- **Fresh-Brewed Iced Tea**
  - Reg 0-120 Cal
  - Lg 0-180 Cal

**Soups**

- **Thai Chicken**
  - 370 - 250 Cal
  - Coconut curry chicken soup with onion, cabbage, red bell pepper, lemongrass, lime, galangal, turmeric, shiitake mushrooms, carrots and shallots

- **Tomato Basil Bisque**
  - 430 - 290 Cal
  - Rich and zesty tomato soup with cream, sherry, basil and garlic

- **Chicken Noodle Soup**
  - 360 - 190 Cal
  - Our signature noodle soup with chicken breast, celery, carrots, onion and wavy egg noodles

**Sides**

- **Wisconsin Mac & Cheese**
  - 270 Cal

- **Tossed Green Salad**
  - 30-110 Cal

- **Caesar Salad**
  - 80 Cal

- **Tomato Basil Bisque**
  - 140 Cal

- **Thai Chicken Soup**
  - 120 Cal

- **Chicken Noodle Soup**
  - 120 Cal

**Choose An Entrée**

- **Wisconsin Mac & Cheese**
  - 490 Cal

- **Grilled Chicken Breast with Marinara**
  - 130 Cal

- **Buttered Noodles**
  - 380 Cal

- **Spaghetti & Meatballs**
  - 450 Cal

**Choose Two Sides**

- **Broccoli**
  - 15 Cal

- **Applesauce**
  - 70 Cal

- **Kids Crispy**
  - 130 Cal

**Choose A Drink**

- **Organic Lowfat Milk**
  - 110-150 Cal

- **Organic Juice**
  - 40 Cal

**Kids Menu**

- **Get More Veggies**
  - Substitute Cauliflower-Infused Rigatoni

- **Gluten Sensitive?**
  - Substitute Gluten-Free Pipette Shells

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years, but calorie needs vary.