

	Number of Servings	Cals	Cals from Fat	Fat g	Sat Fat g	Trans Fat g	Chol mg	Sodium mg	Carb g	Dietary Fiber g	Sugars g	Protein g
<b>CLASSIC NOODLES</b>												
Penne Rosa with Parmesan-Crusted Chicken	Eight	530	180	20	8	0	75	1330	59	5	8	29
	Pan	4270	1470	163	67	3.5	585	10610	471	42	64	231
Buttered Noodles 🌿	Eight	570	260	29	13	1	165	440	69	3	4	15
	Pan	4570	2060	231	107	6	1315	3500	552	22	32	123
Spaghetti with Oven-Roasted Meatballs	Eight	710	290	32	11	2	55	1170	79	3	14	24
	Pan	5650	2330	258	91	17	455	9340	632	21	116	191
Alfredo MontAmoré® with Parmesan-Crusted Chicken	Eight	800	430	48	26	1.5	170	1340	55	4	7	32
	Pan	6410	3480	386	207	12	1345	10710	443	35	56	254
Pesto Cavatappi with Grilled Chicken	Eight	680	330	37	13	10	130	1420	55	6	4	34
	Pan	5420	2680	297	104	83	1040	11370	437	51	32	270
3-Cheese Tortelloni Rosa 🌿	Eight	530	200	22	11	0	120	1690	48	5	6	36
	Pan	4260	1610	179	85	2.5	945	13520	387	37	49	288
<b>ZOODLES AND OTHER NOODLES</b>												
Zucchini Pesto with Grilled Chicken 🍋	Eight	380	220	25	9	7	115	1630	15	4	5	27
	Pan	3060	1780	198	73	56	925	13070	118	35	42	217
Cauliflower Rigatoni Fresca with Sautéed Shrimp	Eight	620	260	29	6	0	110	1520	65	6	7	29
	Pan	4960	2070	230	45	1.5	895	12150	520	50	55	229
<b>WORLD FAMOUS MACS</b>												
Wisconsin Mac & Cheese with Oven-Roasted Meatballs	Eight	830	430	47	24	2	125	1710	65	3	7	38
	Pan	6670	3410	379	190	15	1010	13700	516	23	56	303
Gluten-Sensitive Pipette Mac 🍋 🌿	Eight	600	240	26	15	1	75	1220	67	2	4	25
	Pan	4790	1900	211	119	7	615	9780	534	15	29	196
Buffalo Chicken Mac with Parmesan-Crusted Chicken	Eight	720	300	31	15	1	110	3020	69	3	7	43
	Pan	5790	2230	247	120	6	870	24150	549	24	59	340
BBQ Chicken Mac with Grilled Chicken	Eight	820	310	34	16	1	155	2000	79	3	20	49
	Pan	6530	2480	276	130	7	1250	16020	635	26	158	390
<b>ASIAN NOODLES</b>												
Orange Chicken Lo Mein with Grilled Chicken	Eight	470	130	15	3	0	80	2020	56	2	21	27
	Pan	3760	1070	119	22	1.5	635	16150	446	19	166	218
Pad Thai with Sautéed Shrimp 🍋	Eight	750	260	29	5	0	255	2070	97	3	42	25
	Pan	6030	2080	231	42	2	2030	16580	773	21	334	201
Spicy Korean Noodles with Marinated Steak	Eight	530	170	19	4	0	50	1750	60	3	24	25
	Pan	4210	1350	150	30	1	395	13970	484	21	196	202
<b>SALADS</b>												
The Med Salad with Grilled Chicken	Eight	320	110	13	4.5	0	100	1210	24	2	4	28
	Pan	2550	920	102	37	2.5	785	9680	192	18	29	224
Asian Apple Citrus Salad with Grilled Chicken	Eight	300	140	15	3	0	80	790	19	4	9	24
	Pan	2370	1100	122	23	0.5	640	6350	153	29	69	189
Mexican Street Corn Salad with Grilled Chicken 🍋	Eight	410	250	28	7	0	95	930	19	3	3	29
	Pan	3250	1990	221	52	1.5	765	7450	152	21	24	231
Caesar Salad with Grilled Chicken	Eight	360	210	23	5	0	100	990	13	1	1	26
	Pan	2900	1680	187	43	3.5	815	7920	103	9	6	210
<b>EXTRAS AND DESSERTS</b>												
Cheesy Garlic Bread with Marinara 🌿	Each	120	45	5	2.5	0	10	300	15	0	2	4
	Pan	2970	1080	121	69	5	280	7570	376	0	42	102
Caesar Salad	Each	250	180	20	4.5	0	20	580	13	1	1	6
	Pan	2030	1450	161	36	2.5	180	4650	101	5	5	48
Chocolate Chunk Cookies 🌿	Each	450	190	21	9	0	25	290	64	3	36	6
Snoodle Doodle Cookies 🌿	Each	450	180	20	8	0	25	290	64	3	36	6
Rice Crispies	Each	540	170	19	12	1	50	460	87	0	39	6

	ALLERGENS							
	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat & Gluten
<b>CLASSIC NOODLES</b>								
Penne Rosa with Parmesan-Crusted Chicken			•			•		•
Buttered Noodles 🌿	•		•					•
Spaghetti with Oven-Roasted Meatballs			•					•
Alfredo MontAmoré® with Parmesan-Crusted Chicken			•			•		•
Pesto Cavatappi with Grilled Chicken			•					•
3-Cheese Tortelloni Rosa 🌿	•		•			•		•
<b>ZOODLES AND OTHER NOODLES</b>								
Zucchini Pesto with Grilled Chicken 🍷			•					
Cauliflower Rigatoni Fresca with Sautéed Shrimp			•		•			•
<b>WORLD FAMOUS MACS</b>								
Wisconsin Mac & Cheese with Oven-Roasted Meatballs			•					•
Gluten-Sensitive Pipette Mac 🍷 🌿			•					
Buffalo Chicken Mac with Parmesan-Crusted Chicken			•			•		•
BBQ Chicken Mac with Grilled Chicken			•					•
<b>ASIAN NOODLES</b>								
Orange Chicken Lo Mein with Grilled Chicken						•		•
Pad Thai with Sautéed Shrimp 🍷	•	•		•	•			
Spicy Korean Noodles with Marinated Steak						•		•
<b>SALADS</b>								
The Med Salad with Grilled Chicken			•					•
Asian Apple Citrus Salad with Grilled Chicken						•		•
Mexican Street Corn Salad with Grilled Chicken 🍷	•		•					
Caesar Salad with Grilled Chicken	•	•	•					•
<b>EXTRAS AND DESSERTS</b>								
Cheesy Garlic Bread with Marinara 🌿			•					•
Caesar Salad	•	•	•					•
Chocolate Chunk Cookies 🌿	•		•			•	•	•
Snoodle Doodle Cookies 🌿	•		•			•	•	•
Rice Crispies			•					•

[Noodles.com/catering](https://www.noodles.com/catering)



### GLUTEN SENSITIVE

Made without gluten-containing ingredients but potential for cross-contact exists.



### VEGETARIAN

Excludes meat & fish.

w = Contains wine in sauce or dressing  
a = Contains alcohol in sauce